Athletics Facility Improvement Fee





Athletics and Recreation is committed to ensuring that the University's athletics facilities are up to date and in good repair.

Fitness facilities benefit everyone



An active community is not only more engaged with each other, they are better equipped to handle the challenges of university life.

Benefits of an active lifestyle include:

- Improved health & wellbeing
- Improved stress management
- Improved cognitive skills
- Improved energy

A park for all students



Rutherford Park

Facility expansion along with major renovations and repairs fall outside Athletics & Recreation's annual operating budget.

These types of work have been funded primarily through the support of students by way of a referendum-backed Athletics Facility Improvement Fee.

Inclusive facilities for an inclusive community



New Fitness Pods

Past practices has seen a \$10/student/term fee adopted by the undergraduate student group, and matched dollar for dollar by the University.

This combined support has added significantly to the realization of projects designed to improve facilities for student programs and student use. Total renovations completed over the last several years along with open projects are valued at approximately \$9.75 million.

Investing in fitness & wellness

- The creation of a gender neutral washroom on the ground floor of the Sports Centre.
- The completion of a study/lounge area on the mezzanine in Tomlinson Hall.
- The creation of two alternative workout areas (Fitness Pods) in the Sports Centre.
- The expansion of the Fitness Centre with the creation of a 200 square metre mezzanine.
- The resurfacing and landscaping of Forbes Field and the adjacent tennis courts.
- The creation, in association with the city of Montreal, of a lighted and turfed field on the Rutherford Reservoir.
- The resurfacing of Molson Stadium along with the installation of a modified drainage system.
- The completion of a systems audit to improve the function of all Sports Complex mechanical systems, reducing energy consumption and improving conditions for facility users.
- The completion of necessary repairs to the Molson Stadium structure, including addressing water infiltration issues in locker rooms and shower areas.
- The re-fitting of emergency exit doors, a project important to better controlling outside access to the Sports Centre.
- The installation of a new, energy efficient lighting system for Memorial Pool, along with a repainting of walls and ceiling.

Paying it forward



Future Nutrition Kitchen

Athletics and Recreation staff have consulted with leaders from SSMU and PGSS to discuss facility plans for the future.

With input received from these student groups, and the additional ongoing feedback from regular facility users, several new projects have been selected as priorities for the upcoming years.

Facilities fit for the future

- Refurbishing of the men's and women's locker rooms
- Creation of a teaching kitchen and nutrition lab for student use
- Continued renovation of existing bathrooms into more gender neutral facilities
- Addition of another alternative workout space (Fitness Pod)
- Resurfacing of the Tomlinson Fieldhouse track and infield
- Installation of air conditioning to cover the Sports Centre gymnasia and fieldhouse
- Re-tiling of the deck and basin of Memorial Pool
- Creation of an additional study area in the Sports Centre
- Relocation of the Sport Medicine Clinic to the ground floor of the Sports Centre