POLICY ON IMPLEMENTATION OF A FALL READING BREAK

Adopted by Referendum: 2018/03/21
Expires: 2023/01/01
Adopted Motion (Link)

WHEREAS, the SSMU is committed to “demonstrating Whereas, 61% of Canadian universities have already implemented four or more study days in the Fall semester;¹

WHEREAS, evidence suggests that a Fall Reading Break reduces stress levels in students, particularly first-year students;²

WHEREAS, a 2015 survey of 5112 students conducted by Enrollment Services found that 71.5% of respondents were in favour of a Fall Reading Break;³

WHEREAS, a Proposal for a Fall Reading Break at McGill University has already been developed;⁴

WHEREAS, the Students’ Society of McGill University (SSMU) has supported proposals for a Fall Reading Break in the past;

BE IT RESOLVED, THAT that the SSMU renew its stance of support for a Fall Reading Break at McGill University;

BE IT RESOLVED, THAT the SSMU support campaigns for the implementation of a Fall Reading Break at McGill University through the offices of the Vice-President (External Affairs) and Vice-President (University Affairs);

¹“Fall Reading Week up for approval at Western Senate”
https://www.westerngazette.ca/news/administration/fall-reading-week-up-for-approval-at-western-senate/article_9c29a4b4-efa4-11e6-bbdc-2f38abac1e3f.html

²“Exploring the Impact of a Fall Break on Student Mental Health Outcomes – Year 1 Report.” http://www.brocku.ca/webfm_send/33279

³“SSMU Council passes motion of support for Fall reading week”

⁴ “Fall Reading Break Proposal”

⁵“Motion Regarding the Endorsement of the Proposal for a Fall Reading Break”
BE IT RESOLVED, THAT the SSMU through the Office of the Vice-President (University Affairs), lobby the University to implement a Fall Reading Break at McGill University as soon as possible;

BE IT RESOLVED, THAT the SSMU, through the Office of the Vice-President (External Affairs), lobby the provincial government for legislation implementing a Fall Reading Break;

BE IT RESOLVED, THAT the SSMU encourages the Senate Caucus to pursue implementation of a Fall Reading Break until said break is implemented or this policy expires;

BE IT RESOLVED, THAT this policy be valid for five years until January 1st, 2023, when it will be brought back to the membership for renewal;

BE IT RESOLVED, THAT this Motion be brought to the SSMU membership for approval during the 2018 Winter Referendum period under the question:
   “Do you agree that the Policy on Implementation of a Fall Reading Break be adopted as a policy of the SSMU?”

BE IT RESOLVED, THAT the SSMU Legislative Council endorse the adoption of the Policy on Implementation of a Fall Reading Break.

Moved by:  
Muna Tojiboeva, President  
Danny Dinh, PTOT Representative  
Anthony Koch, First Year Council Representative