



FYC Report

SSMU Legislative Council

October 24th, 2019

About Me: Hey everyone! Hope you're all doing well and that midterms have been going good. My name is Shuchita Das, I'm in U1 Arts (majoring in Psychology and minoring in economics or comp sci I'm not sure yet) and I'm the FYC rep for legislative council (so I'm the VP External on FYC). I'm super excited to be here!! Thanks!

About Us: FYC is an elected body that represents and supports all first years at McGill. We are a group of five executive members. Our role is to serve McGill's diverse community of students and to aid these students in their transition into university. It is our job to bring solutions to problems facing the first year students, plan awesome events and help all first year representative groups collaborate.

Meetings: bi-weekly meetings on Fridays (last 2 meetings on October 4th and October 18th)

Administrative Events:

- 2 roundtables (1 per semester) to discuss and promote cooperation from all first year groups and reps
 - Need to reach out to the first year reps of other McGill councils, as of now we only have the reps from social work, arts, artsci, management U1, nursing U0
- 1 town hall to consult the first year student body on academic policies, advising, student engagement issues and to check in with first years to evaluate their post secondary transition

Social Media:

- Update our website, facebook page, and instagram page
- Promote events first years may be interested in
- Have a "humans of first year" initiative where we feature first years to share challenges they're facing and how they're liking McGill
- Where in the world McGill (but w/ campus locations to help first years navigate the campus better)

Event Ideas:

- Week of de-stressing before finals (Nov 25th - Nov 29th)
 - Daily: morning coffee, donuts
 - BYO mug, but we have FYC-branded mugs to sell at cost



First Year Council of McGill University

Website: fyc.ssmu.ca

Instagram: [@ssmufyc](https://www.instagram.com/ssmufyc)

- Monday: hand out stress balls
- Tuesday: yoga
 - Collab with yoga club?
 - Locations: new rez ballroom? MORSL? Gym?
 - Multiple sessions (morning/afternoon) to accommodate all students
- Wednesday: coffee + food
- Thursday: massage
- Friday: dog/animal/zoo therapy
 - Organizations: Blue Therapy Dog, Ambulance St John
- Winter break outings
 - Trip to Quebec City?
 - Day trip to winter carnival
- International luncheon: collab with country-based clubs and societies
 - The clubs could sell or give away cultural food to students
- Karaoke/Clubbing/Partying Night
- Open mic/Coffee house
- Events focused on mental health and wellbeing
 - Jacktalks
 - Info session about the wellness hub and the mental health resources available
 - Mental health first-aid training sessions