



# LIFE ON CAMPUS



Charles Hardy  @BSc 2021

"Being a member of Soulstice a Cappella was one of the most rewarding experiences of my undergrad career. It's easy to sometimes feel disconnected from a community as large as McGill's, so becoming part of a tight-knit, loving, and supportive group of people dedicated to an art form I'm passionate about, made a huge difference in my social and academic life."





In this section, you can find information about campus life and getting involved!

# Campus Events



BEING A STUDENT AT MCGILL MEANS HAVING ACCESS TO MANY FUN AND EXCITING EVENTS THAT PERTAIN TO A WIDE VARIETY OF INTERESTS!

## ACTIVITIES NIGHT

[ssmu.ca/student-life/activities-night/](https://ssmu.ca/student-life/activities-night/)

### SEPTEMBER 19-21, 2022

For the latest updates regarding Activities Night, check the SSMU social media. Activities Night is a great way to get involved at McGill. It is held by the SSMU at the beginning of each semester. This event gives you the opportunity to check out all the SSMU clubs, services, ISGs and community organizations. There are over 250 student groups, so make sure to check out page 19 of the handbook to get an idea of what you want to get involved in!

## BEATTY LECTURES | [mcgill.ca/beatty](https://mcgill.ca/beatty)

### FALL 2022

The Beatty Lecture was established in 1952. It is McGill's most prestigious public event where an internationally renowned visitor presents a subject of choice. Its purpose is to foster an exchange of ideas between McGill faculty and students and the lecturer. Past speakers have included nature conservationist Jane Goodall, Bad Feminist author Roxane Gay, and McGill alumnus and cognitive psychologist Steven Pinker. The fall 2022 lecture will be delivered by Maria Ressa, a celebrated journalist and advocate for freedom of the press. Tickets are \$10 and can be booked at [mcgill.ca/beatty](https://mcgill.ca/beatty).

## MCGILL ORIENTATION 2022 | [bit.ly/3sv35eE](https://bit.ly/3sv35eE)

### LATE AUGUST

Orientation is an important aspect of becoming a McGillian and the first step to understanding student life at McGill. At Orientation, you will be able to go to your individual faculty orientations to learn more about how to navigate your first year academics at the university.

## BLACK HISTORY MONTH | [FB @BHMMcGill](https://fb.com/BHMMcGill)

### EARLY FEBRUARY

Black History Month is co-organized by the Office of the Provost and Vice-Principal (Academic), the Black Students' Network, and the McGill African Students' Society. It aims to celebrate the achievements and contributions of Black Canadians and McGill students.

## SEXUAL ASSAULT AWARENESS WEEK

### FEBRUARY

Held by the Sexual Assault Centre of the McGill Students' Society, this is a week-long event that aims to provide a safe space for healing and to give tools to participants in order to better support survivors. It fosters a discussion around consent and respecting personal space and boundaries.

## QUEER HISTORY MONTH | [bit.ly/3NavNKH](https://bit.ly/3NavNKH)

### OCTOBER

Queer History Month celebrates the history of 2SLGBTQIA+ communities at McGill, as well as in Montreal, Quebec, and Canada. Through a series of screenings, panels, workshops, and community events, Queer History Month aims at raising awareness, advancing education, and increasing the visibility of 2SLGBTQIA+ communities.

## THE MCGILL FARMERS' MARKET |

[mcgillfarmersmarket.org/](https://mcgillfarmersmarket.org/)

### EVERY THURSDAY FROM JULY 7 - OCTOBER 27

Taking place through the summer and early fall, the McGill Farmers' Market offers vegetable basket subscriptions from farmers around the greater Montreal area, as well as homemade and handmade goods from local vendors. It is open every Thursday from 11 am-5 pm on McTavish Street.

## OPEN AIR PUB (OAP) | [FB @OpenwAirPub](https://fb.com/OpenwAirPub)

### BEGINNING OF FALL SEMESTER AND END OF WINTER SEMESTER

OAP is a biannual student-run barbecue that is held on the field behind Roddick Gates. If you want to hear great live music, grab a drink and food, and hangout with your friends, this is the place to be.

## FRANCOFÔTE | [bit.ly/3FJ9g4Z](https://bit.ly/3FJ9g4Z)

### MARCH-APRIL

Hosted by the French Language Centre, this is a two week celebration for International Francophonie Day. Students will be able to learn about the place of the French language at McGill and participate in different contests and activities. En français, s'il vous plaît!

## CAREER FAIRS | [bit.ly/3yATw2x](https://bit.ly/3yATw2x)

### ONGOING

Organized by the Career Planning Service, career fairs are a great opportunity for students to talk to company representatives from a wide range of industries. Here you will be able to find out about entry-level positions, career paths, and network with potential future employers.

If you are an upper-year student but wish to help first-year students transition into their life at residence, you can become a Floor Fellow. More information is available on page 79. Students with disabilities are also encouraged to reach out to OSD to discuss their specific housing needs.

# Living in Residence



EVERY YEAR, STUDENT HOUSING WELCOMES OVER 3,000 STUDENTS THAT LIVE IN DIFFERENT KINDS OF HOUSING AT MCGILL. THERE ARE A NUMBER OF RESIDENCE OPTIONS FOR FIRST-YEAR STUDENTS, AS WELL AS CAMPUS APARTMENTS FOR UPPER YEAR STUDENTS IN THE GREENBRIAR AND HUTCHISON BUILDINGS. [vmcgill.ca/students/housing](http://vmcgill.ca/students/housing)

There are a variety of residences at McGill, but the three main categories of residences are:

## ★ DORMITORY STYLE RESIDENCES:

Offering single rooms and shared bathrooms with a strong sense of community. Dormitory style buildings include Gardner Hall, McConnell Hall, Molson Hall, Royal Victoria College, and Douglas Hall.

## ★ MODERN DORMITORY STYLE

**RESIDENCES:** These hotel-style buildings feature newly-renovated accommodations with both single and double rooms and private bathrooms. They also have 24/7 front desk security. Modern Dormitory style buildings include New Residence Hall, La Citadelle, and Carrefour Sherbrooke.

## ★ APARTMENT STYLE RESIDENCE:

Unique to Solin Hall, this style of residence consists of furnished apartments with private bedrooms, kitchens, and large common areas. Solin Hall is farther from campus than other residences, located minutes away from Lionel-Groulx metro station.

you need anything. Their job is to provide you with direct support and information.

## RESIDENCE LIFE FACILITATORS (RLFS)

RLFs are upper-year students that play a crucial role in coordinating residence life at McGill. It is also their job to organize residence events to build community, help you adjust to life in Montreal, and create a fun and welcoming atmosphere in residence.

If you are interested and want to get more involved in your residence, sit on one of the following councils or committees by running for election or volunteering:

## ★ HALL COUNCIL:

Every residence hall has a Hall Council whose role is to plan events and advocate for the needs and interests of their hall's residents

## ★ INTER-RESIDENCE COUNCIL (IRC):

The IRC is the body representing all students in residence and helps facilitate community through inter-residence relationships. The IRC includes representatives of each residence as well as vice presidents who oversee its overall operations.

## ★ UNIVERSITY RESIDENCE COUNCIL (URC):

This is where representatives of Hall Councils, the IRC, and Student Housing and Hospitality Services meet with the McGill administration to discuss concerns and initiatives related to residence life.

## ★ ENVIRONMENTAL RESIDENCE COUNCIL (ERC):

This council, which consists of the VP Environment from each Hall Council, is responsible for educating students in residence about the environment, ensuring that residences are as eco-friendly as possible, and running fun sustainability-themed events.

## ★ COMMUNITY ENGAGEMENT AND EQUITY COMMITTEE (CEEC):

This committee, which consists of the VP Equity from each council and volunteer members, runs equity-themed events and initiatives for students in residence.

## TIP:

If you have any questions as a first year student regarding student housing, go to the ASK McGill ([ask.mcgill.ca](http://ask.mcgill.ca)) interactive online Q&A tool to get your questions answered.

If you are not a first year student and/or wish to find a place to live off-campus, there are a number of resources available to you. Check out pages 90 for more information.

## RESIDENCES FOR SPECIFIC GROUPS

The First Peoples House Residence is an undergraduate and graduate communal living space that gives priority to Indigenous students.

The majority of residence buildings have mixed-gender accommodations on each floor, meaning that students will be living on the same floor as people of other genders. However, Royal Victoria College offers a female-only section in the West Wing.

## QUESTIONS REGARDING LIFE IN RESIDENCE?

### FLOOR FELLOWS

Floor fellows are upper-year students that live in your residence building trained to help you transition into your first year at McGill. The Floor Fellows are role models, resource people, and community builders that you can count on. They are here for you and are your point of contact if



L'UNIVERSITÉ MCGILL ÉTANT LE BASTION ACADÉMIQUE ANGLOPHONE DE MONTRÉAL, IL SERAIT FACILE DE PENSER QUE LE FRANÇAIS EST PERSONA NON GRATA ENTRE SES MURS. DÉTROMPEZ-VOUS, MCGILL NE RENIE PAS SES RACINES MONTRÉALAISES ET QUÉBÉCOISES. SA POPULATION FRANCOPHONE EN EST LA PREUVE. EN EFFET, 20% DE LA COMMUNAUTÉ ÉTUDIANTE ET 21% DU PERSONNEL DÉCLARENT AVOIR LE FRANÇAIS COMME LANGUE MATERNELLE.

## SESSION D'ACCUEIL - CORPS ÉTUDIANT FRANCOPHONES [\[bit.ly/3a0s5z3\]](https://bit.ly/3a0s5z3)

### AOÛT 2022

Cette session de bienvenue sera aussi l'occasion de rencontrer d'autres francophones. Elle sera suivie de différents ateliers où vous serez fournis des outils utiles essentiels pour réussir à McGill.

## VIVRE MCGILL EN FRANÇAIS | [vivreenfrancais.mcgill.ca](https://vivreenfrancais.mcgill.ca)

Provenant des quatre coins du monde, la communauté étudiante francophone est très diverse. Découvrez les différentes façons d'intégrer la langue française à votre expérience mcgillienne!

## QUELQUES ASSOCIATIONS ET CLUBS ÉTUDIANTS



### 64 LISEZ LES NOUVELLES EN FRANÇAIS AVEC LE DÉLIT | [Delitfrancais.com](https://Delitfrancais.com)

Seul journal francophone de McGill, le Délit fait profiter le campus de ses articles et entretiens depuis quarante ans. Une nouvelle édition est publiée chaque semaine, que vous pouvez obtenir gratuitement aux différents points de distribution du campus. Vous pouvez même contribuer à la création du journal en soumettant vos articles ou illustrations!

### LIBÉREZ L'INTERPRÈTE EN VOUS AVEC FRANC-JEU | [FB@francjeutheatre](https://FB@francjeutheatre)

Dédié au théâtre francophone, ce club de l'AEUM vous offre un espace convivial pour explorer l'univers du théâtre et rencontrer d'autres adeptes. Si ce n'est pas encore le moment pour faire face aux feux de la rampe, pourquoi ne pas assister à l'un de leurs ateliers hebdomadaires ou à l'un de leurs spectacles?

### CLUB DE DÉBAT FRANCOPHONE MCGILL |

#### [FB@cdfmccgill](https://FB@cdfmccgill)

Que ce soit pour débattre de science, de politique ou encore de philosophie, le club de débat francophone de McGill se réunit chaque semaine.

Voici une liste - non exhaustive - des clubs et associations francophones et francophiles du campus [\[bit.ly/3NfWWFH\]](https://bit.ly/3NfWWFH)! À votre français, prêts, parlez!

## ÉTUDIER EN FRANÇAIS

En plus de pratiquer le français sur votre temps libre, vous pouvez même l'intégrer à vos études! Le Département des littératures de langue française, de traduction et de création (faculté des arts) [\[mcgill.ca/litterature/fr\]](https://mcgill.ca/litterature/fr) est en effet entièrement francophone. Au niveau facultaire, la Faculté de droit [\[mcgill.ca/law/\]](https://mcgill.ca/law/) est entièrement bilingue et vous offre la possibilité de suivre des cours en français. Pareillement, la Faculté des sciences de l'éducation [\[bit.ly/3zevBGI\]](https://bit.ly/3zevBGI) propose une majeure en pédagogie de l'Immersion Française et le Campus Outaouais [\[bit.ly/3tgvHtl\]](https://bit.ly/3tgvHtl) de la Faculté de médecine et des sciences de la santé délivre une formation médicale entièrement en français. Les autres facultés ne sont pas en reste et ont toujours de nouvelles opportunités francophones. Pour plus d'informations, contactez les équipes administratives de la faculté en question.

## VOUS POUVEZ MÊME SOUMETTRE VOS TRAVAUX EN FRANÇAIS!

### SUBMITTING IN FRENCH | [bit.ly/3GHZTTI](https://bit.ly/3GHZTTI)

Pour tous les cours - à l'exception des cours dont la maîtrise d'une langue est un objectif - vous avez le droit de soumettre vos travaux écrits en français plutôt qu'en anglais. Il s'agit d'un droit inscrit dans la Charte des droits de l'étudiant que vous pouvez invoquer à n'importe quel stade de vos études. Parlez-en au corps professoral!

## OBTENEZ DE LAIDE PERSONNALISÉE



### ÉTUDIANTS FRANCOPHONES | [bit.ly/381x3WG](https://bit.ly/381x3WG)

Mme Manon Lemelin ([manon.lemelin@mcgill.ca](mailto:manon.lemelin@mcgill.ca)), l'adjointe aux membres de la communauté étudiante francophones de première année, a pour mission de faciliter l'intégration des francophones à la vie universitaire.

À l'AEUM, la commission aux affaires francophones ([caf@ssmu.ca](mailto:caf@ssmu.ca)) est chargée de protéger vos droits en tant que francophones et de promouvoir la francophonie sur le campus.

# Places to eat with your OneCard



NOT ONLY IS YOUR ONECARD YOUR ID AS A STUDENT, BUT IT CAN BE USED TO BUY FOOD ON AND OFF CAMPUS. IF YOU ARE INTERESTED IN WHAT IS OFFERED ON CAMPUS, CHECK OUT THE ONECARD WEBPAGE ([mcgill.ca/onecard](http://mcgill.ca/onecard)) TO FIND OUT MORE REGARDING THE MANDATORY MEAL PLAN AND THE OVER 20 LOCATIONS YOU CAN EAT ON CAMPUS INCLUDING THE DINING HALLS.



You are able to go to a number of off-campus restaurants and pay for your food using your OneCard. Here are some of the restaurants you can go to:

**ALTO** | [bit.ly/3yFoKFI](http://bit.ly/3yFoKFI)

**3469 AVENUE DU PARC**

Alto is a place that most students will go to at least once during their time at McGill. It offers a wide variety of options but if you wish to eat a hearty poutine, homemade pizza, pasta, salads, or pitas, this is for you.

**BASHA** | [basha-montreal.com/](http://basha-montreal.com/)

**3507 AVENUE DU PARC AND 666 RUE SHERBROOKE OUEST**

Basha has been a staple of Montreal for over 40 years. They offer a wide array of Mediterranean foods, including grilled and marinated meats, salads, hummus, and falafels.

**FRESHII** | [bit.ly/3wcxz8o](http://bit.ly/3wcxz8o)

Freshii serves a wide variety of fresh salads, wraps, and bowls that can accommodate a wide variety of diets.

**KINTON RAMEN** | [bit.ly/3yBCKAs](http://bit.ly/3yBCKAs)

**1202 UNION AVE**

Kinton Ramen provides fresh and delicious ramen bowls made with high-quality ingredients.

**LE PLEZL** | [leplezl.com](http://leplezl.com)

**3429 RUE PEEL**

Le Plezl is a mix of cuisines from the Mediterranean region. They make everything in house, from pickles to yogurt.

**M4 BURRITOS** | [bit.ly/3MgppVV](http://bit.ly/3MgppVV)

**2053 PEEL STREET**

M4 Burritos is a Mexican-inspired grill that serves tacos, burritos, bowls, quesadillas, and more.

**MCGILL PIZZA** | [fb.me/mcgillpizza](http://fb.me/mcgillpizza)

**625 MILTON AVE**

A classic among McGill students serving pizza, pasta, salads, sandwiches, breakfast, and more at affordable prices.

**SANSALIZZA** | [bit.ly/37HT3Ay](http://bit.ly/37HT3Ay)

**3576 AVENUE DU PARC #4304**

Sansalizza is the place to go if you are interested in trying out some great pizza and sandwiches.

**ST-HUBERT EXPRESS** | [bit.ly/3Mlp5la](http://bit.ly/3Mlp5la)

**3575 AVENUE DU PARC**


St-Hubert Express is an iconic staple of Montreal fast food cuisine. If you wish to eat some delicious rotisserie chicken, coleslaw, and crispy fries, St-Hubert is waiting for you.

**THAI EXPRESS** | [thaiexpress.ca/](http://thaiexpress.ca/)

**3550 AVENUE DU PARC**

Thai quick-service restaurant offering soup, noodle dishes, rice, salad, and other dishes, including vegan and gluten-free options.

# Athletics and Fitness

WHETHER YOU'RE INTERESTED IN CHEERING ON YOUR TEAM FROM THE STANDS OR GETTING ACTIVE YOURSELF, THERE ARE PLENTY OF OPPORTUNITIES FOR ENGAGING IN ATHLETICS AT MCGILL. MONTREAL HAS PROFESSIONAL SPORTS TEAMS AS WELL AS HUNDREDS OF PRIVATE GYMS AND FITNESS STUDIOS, BUT THE MOST COST-EFFECTIVE WAY TO GET FIT IS BY HEADING OVER TO THE MCGILL GYM. 

## FREE FACILITIES

You pay for access to the McGill Sports Complex (**475 rue des Pins Ouest**) in your student fees, so make sure you take advantage of it! Use of the pool, tennis and squash courts, and the running track are all included in your tuition.

## GYMS AND FITNESS CENTRES

As a student, joining the McGill Fitness Centre is only **\$47.99** plus taxes per semester, which is much cheaper than other gyms in the city. The Fitness Centre can get pretty crowded, so be prepared to wait for machines or try to schedule exercise in off-peak hours, like the middle of the day. Cheap gyms off campus include Éconofitness (**\$10/month if you sign up for a year**) or the YMCA (a student rate of **\$35/month**). Students should note that aquatic and fitness activities at the Downtown YMCA (**1440 Stanley Street**) are currently suspended, but the nearby Du Parc (**5550 Park Avenue**) and Westmount (**4585 Sherbrooke Street West**) locations remain open.

## RENTING EQUIPMENT

You can borrow equipment like basketballs, volleyballs, soccer balls, footballs, badminton rackets, and more at the gym with a valid student ID or membership card. You can also rent winter equipment, including cross country skis and snowshoes.

## PLAYING ON A TEAM

McGill has a popular intramurals program with plenty of different sports to choose from, such as soccer, hockey, volleyball, water polo, and more. You can choose what kind of league (open, men's, women's, or co-ed), as well as what level of play (non-competitive, beginner, intermediate, and competitive) you want to participate in. If you don't have a team, you can also join one by showing up to "free-agents" night. Check out [fb.com/mcgillrecreation](https://fb.com/mcgillrecreation) for more details.

## TAKING A CLASS

McGill offers many exercise classes that you can register for. Either pick a single course for a semester or buy a pass for drop-in classes. Check out [mcgillathletics.ca/](https://mcgillathletics.ca/) for more information.

## CHEERING ON THE TEAMS

You can cheer on McGill's varsity teams or competitive clubs throughout the year. Most games are under \$5 to attend and are a great way to have fun with friends (there's also a season pass available for 25\$). If you're really enthusiastic, join Red Thunder, a club dedicated to sports enthusiasts, and get access to all sports games, pre-game events, and some cool sporting swag. Contact them for more info at [mcgillredthunder@gmail.com](mailto:mcgillredthunder@gmail.com).

# The Arts

WHILE THERE IS NO PROGRAM OR CLASSES FOR FINE ARTS AT MCGILL, THERE ARE MANY INDEPENDENT STUDENT GROUPS AND CLUBS THAT ALLOW YOU TO EXPLORE THESE PASSIONS AND HOBBIES.

## PERFORMING ARTS

### THEATRE CLASSES

The English Department offers practical drama classes in performance, stage scenery, and other theatre crafts. However, for a more hands on approach, join one of the following clubs.

### THEATRE GROUPS

Theater groups at McGill will give you the chance to act, sing, stage-manage, direct, and so much more. If you have direct questions, click on their Facebook pages to find out the specifics and learn about upcoming performances or casting calls.

#### ARTS UNDERGRADUATE THEATRE SOCIETY |

[FB @autsmcgill](https://www.facebook.com/autsmcgill)

#### FRANC-JEU | [FB @francjeutheatre](https://www.facebook.com/francjeutheatre)

#### MCGILL CLASSICS PLAY | [bit.ly/3MtW11h](https://bit.ly/3MtW11h)

#### THE MCGILL SAVOY SOCIETY

[mcgillsavoy.ca](https://www.mcgillsavoy.ca) | [FB @mcgillsavoy](https://www.facebook.com/mcgillsavoy)

#### PLAYERS' THEATRE

[playerstheatre.ca](https://www.playerstheatre.ca) | [FB PlayersTheatreMcGill](https://www.facebook.com/PlayersTheatreMcGill)

#### TUESDAY NIGHT CAFE THEATRE | [FB @tuesdaynightcafetheatre](https://www.facebook.com/tuesdaynightcafetheatre)

### NON TRADITIONAL PERFORMING ARTS

If you are not interested in traditional theater, McGill offers other ways to get on stage such as improv, comedy, and spoken-word performance.

#### BRING YOUR OWN JUICE (LIVE SKETCH COMEDY) | [FB @bringyourownjuice](https://www.facebook.com/bringyourownjuice)

#### MCGILL STUDENTS' IMPROV |

[FB @mcgillimprov](https://www.facebook.com/mcgillimprov)

#### MCSWAY POETRY COLLECTIVE |

[fb.me/mcswaypoetry](https://fb.me/mcswaypoetry)

### DANCE

SSMU offers many different types of dance clubs.

#### AUDITION-BASED GROUPS

If you are already an experienced dancer and want to continue improving your craft at McGill, check out these groups.

#### ALLEGRIA CONTEMPORARY BALLET COMPANY |

[FB @allegriaccontemporaryballet](https://www.facebook.com/allegriaccontemporaryballet)

#### INERTIA MODERN DANCE COLLECTIVE |

[FB @inertiamoderndancecollective](https://www.facebook.com/inertiamoderndancecollective)

#### MOSAICA DANCE COMPANY |

[FB @mosaicadancecompany](https://www.facebook.com/mosaicadancecompany)

#### MONTREAL DI MAJESTY |

[FB @montrealdimajesty](https://www.facebook.com/montrealdimajesty)

### RECREATIONAL GROUPS

If you are just looking to dance recreationally, McGill has plenty of more casual dance groups for both experienced dancers and beginners.

#### MCGILL STUDENTS' BALLROOM DANCE CLUB |

[FB @mcgillballroomdance](https://www.facebook.com/mcgillballroomdance)

#### MCGILL SWING KIDS ASSOCIATION |

[FB @mcgillswingkids](https://www.facebook.com/mcgillswingkids)

#### RECREATIONAL DANCE COMPANY |

[FB @RDCmcgill](https://www.facebook.com/RDCmcgill)

#### SALSEROS [salserosmcgill.weebly.com](https://www.salserosmcgill.weebly.com) |

[FB @SalserosMcGill](https://www.facebook.com/SalserosMcGill)

#### UNITED GROOVE (UG) DANCE PROJECT |

[FB @United-Groove-43950288647](https://www.facebook.com/United-Groove-43950288647)

#### K-RAVE KPOP CLUB [k-rave.wixsite.com/krave](https://www.k-rave.wixsite.com/krave)

| [FB @kravemcgill](https://www.facebook.com/kravemcgill)

## MUSIC

Here are some options for those who want to explore their musical talents and passions at McGill.

### A CAPELLA AT MCGILL

There are quite a few a cappella groups at McGill. Auditions run during the fall semester, so keep an eye on their social media pages if you're interested!

#### CHROMATONES A CAPELLA |

[FB @ChromatonesACappella](https://www.facebook.com/ChromatonesACappella)

#### EFFUSION A CAPELLA |

[FB @effusionacappella](https://www.facebook.com/effusionacappella)



TONAL ECSTASY A CAPPELLA [tonalecstasy.com](http://tonalecstasy.com) | [FB @txacappella](https://www.facebook.com/txacappella)

SOULSTICE A CAPPELLA |

[FB @soulsticeacappella](https://www.facebook.com/soulsticeacappella)

### GROUP INSTRUMENT PERFORMANCE

LES MUSES CHORALE |

[FB @LesMusesChorale](https://www.facebook.com/LesMusesChorale)

MCGILL CHORAL SOCIETY |

[FB @mcgillchoralsociety](https://www.facebook.com/mcgillchoralsociety)

### MUSIC RESOURCES

These resources provide you with a wide array of services from theory and practical lessons to a loaning bank of music instruments. Check out the links below.

MCGILL CONSERVATORY | [mcgill.ca/conservatory](http://mcgill.ca/conservatory)

THE SSMU MUSICIANS COLLECTIVE

[musicianscollective.ssmu.ca](http://musicianscollective.ssmu.ca) |

[FB @ssmumusicianscollective](https://www.facebook.com/ssmumusicianscollective)

## VISUAL ARTS



### MAKING ART

If you are interested in connecting with other artists and creating together, check out these clubs.

MCGILL STUDENTS' VISUAL ARTS SOCIETY |

[FB @mcgillstudentsvisualartssociety](https://www.facebook.com/mcgillstudentsvisualartssociety)

MCGILL UNDERGRADUATE PHOTOGRAPHY STUDENTS SOCIETY (MUPSS) [mupss.ca](http://mupss.ca) |

[FB @MUPSSMcGill](https://www.facebook.com/MUPSSMcGill)

MCGILL STUDENTS CHINESE BRUSH ARTS [bit.ly/3Mgjdco](https://www.bit.ly/3Mgjdco) | [FB @mscbac](https://www.facebook.com/mscbac)

### SHOWING YOUR ART

If you are interested in finding a venue to present your art, these groups will hold exhibitions of students' work. Don't forget to check their websites and social media pages to find out when they are accepting submissions.

FRIDGE DOOR GALLERY [bit.ly/3NcoyC2](https://www.bit.ly/3NcoyC2) | [FB @fridgegallery](https://www.facebook.com/fridgegallery)

FOLIO MAGAZINE [foliomagazine.ca](http://foliomagazine.ca) | [FB @foliooo](https://www.facebook.com/foliooo)



# Campus Media

## PRINT AND ONLINE

**LE DÉLIT** [delitfrancais.com](http://delitfrancais.com) |

FB [@ledelitfrancais](https://www.facebook.com/ledelitfrancais)

Le Délit is McGill's only French-language newspaper which aims to close the gap of understanding between Anglophone and Francophone students on campus.

**THE MCGILL DAILY** [mcgilldaily.com](http://mcgilldaily.com) |

FB [@themcgilldaily](https://www.facebook.com/themcgilldaily)

The Daily is McGill's oldest independent student newspaper which aims to feature marginalized voices and under-reported stories in the McGill and Montreal communities.

**THE BULL AND BEAR** [bullandbearmcgill.com](http://bullandbearmcgill.com) |

FB [@musbullandbear](https://www.facebook.com/musbullandbear)

The Bull and Bear is a news and commentary publication that is based in the Desautels Faculty of Management. Published online on a regular basis, they also print a special magazine issue at the end of each semester.

**THE MCGILL TRIBUNE** [mcgilltribune.com](http://mcgilltribune.com) |

FB [@mcgilltribune](https://www.facebook.com/mcgilltribune)

The McGill Tribune is an independent newspaper which has covered the university, Canada, and the world since 1981. It is published weekly in print and online daily.

**VEG MAGAZINE** | FB [@thevegmagazine](https://www.facebook.com/thevegmagazine)

Veg Magazine is a semi-annual literary publication, publishing student prose, poetry, and artwork. You can grab a free copy in the Arts Building, Leacock, and McLennan.

**CONTEMPORARY REVIEW OF GENOCIDE AND POLITICAL VIOLENCE** [crgreview.com](http://crgreview.com) |

FB [@CRGreview](https://www.facebook.com/CRGreview)

CRG is an online publication that publishes articles on the topic of genocide and political violence. They publish articles on a semester basis that take the form of research papers.

**MCGILL INTERNATIONAL REVIEW** [mironline.ca](http://mironline.ca)

| FB [@MIROmcgill](https://www.facebook.com/MIROmcgill)

The McGill International Review (MIR) is a bilingual student-run publication that provides academic analysis and coverage of world news.

**FLUX** [fluxirr.mcgill.ca](http://fluxirr.mcgill.ca) | FB [@fluxirr](https://www.facebook.com/fluxirr)

The print version of the MIR, Flux: International Relations Review is a peer reviewed undergraduate run academic journal. It publishes its research at the end of the fall and winter semesters.

**MCGILL JOURNAL OF POLITICAL SCIENCE** [mjps.ssmu.ca](http://mjps.ssmu.ca) | FB [@MJPS.PSSA](https://www.facebook.com/MJPS.PSSA)

The MJPS aims to publish high quality undergraduate research papers, offering unique perspectives on current topics in the four areas of political science offered by the Political Science department: Canadian Politics, Comparative Politics, International Relations, and Political Theory

**MCGILL SCIENCE UNDERGRADUATE RESEARCH JOURNAL (MSURJ)** [msurj.com](http://msurj.com) | FB [@mcgillsurj](https://www.facebook.com/mcgillsurj)

The McGill Science Undergraduate Research Journal (MSURJ) offers undergraduate students from any university the ability to publish their findings to the McGill research community.

## RADIO

**CKUT 90.3 FM** [ckut.ca](http://ckut.ca) | FB [@RadioCKUT](https://www.facebook.com/RadioCKUT)

CKUT is a non-profit campus/community radio station, committed to alternative music, news, and spoken word broadcasting. If you're interested in listening, tune in at 90.3 on the FM dial in Montreal or go to their website linked above.

## VIDEO

**TVM: STUDENT TELEVISION AT MCGILL** [tvmtelevision.com](http://tvmtelevision.com) | FB [@TVMTelevision](https://www.facebook.com/TVMTelevision)

TVM is a SSMU service and McGill's student-run television and film production team, offering original content, event coverage, filmmaking workshops, and more.

# Student Activism

MCGILL HAS A DEEP HISTORY OF STUDENT ACTIVISM AND HAS MANY POLITICAL AND SOCIAL CLUBS THAT COULD FIT YOUR NEEDS. CHECK ALL THE GROUPS BELOW!

## POLITICAL PARTIES AT MCGILL

There are a number of clubs on campus for supporters of Quebec, Canadian, and international political parties and groups.

### CONSERVATIVE ASSOCIATION |

[FB @cpcmcgill](#)

### DEMOCRATS ABROAD | [E](#)

[B @demsabroadmcgill](#)

### LIBERAL MCGILL | [FB @LiberalMcGill](#)

### NEW DEMOCRATIC PARTY (NDP) |

[FB @NDPMcGill](#)

### SOCIALIST FIGHT BACK | [FB @FightbackCM](#)

## GENERAL POLITICAL GROUPS

These organizations focus on a number of political issues and topics.

### CINEMA POLITICA |

[fb.meCinemaPoliticaMcGill/](#)

### CKUT 90.3 FM

Check out their Facebook page here ([@RadioCKUT](#))

### THE QUEBEC PUBLIC INTEREST RESEARCH GROUP MCGILL (QPIRG) ([qiprgmcgill.org](#))

Check out their Facebook page here ([@QPIRG.GRIP.McGill](#))

### MCGILL MODEL PARLIAMENT | [fb.me/mcgillmodelparliament/](#)

### MCGILL STUDENT SUSTAINABILITY NETWORK | [FB @RSNMcGill](#)

## POLITICAL ACTIVISM

For those passionate about specific political issues

### DIVEST MCGILL [divestmcgill.com](#) | [FB @DivestMcGill](#)

### MCGILL STUDENT CLUB FOR ANIMAL LIBERATION AND ETHICS [herbivores.ssmu.ca](#) | [fb.me/McGillSCALE](#)

### INDIGENOUS STUDENT ALLIANCE (ISA) [indigsa-mcgill.weebly.com](#) | [FB @Indigenous.Student.Alliance](#)

### MCGILL AGAINST BILL 21 | [FB @McGillAgainstBill21](#)

### MCGILL COLLECTIVE FOR GENDER EQUALITY | [fb.me/GenderEqualityMcGill](#)

### MCGILL STUDENTS CHAPTER OF JOURNALISTS FOR HUMAN RIGHTS (JHR) [jhrmcgill.ssmu.ca](#) | [FB @JHRmcgill](#)

### MCGILL STUDENTS CHAPTER OF WAR CHILD [warchild.ca](#) | [FB @mcgillstudentschapterofwarchild](#)

### MCGILL STUDENTS FOR A FREE TIBET [studentsforafreetibet.org](#) | [FB @sftmcgill](#)

### MCGILL STUDENTS FOR FIMRC [www.fimrc.org](#) | [FB @McGill.FIMRC](#)

### MCGILL STUDENTS FOR GREENPEACE [greenpeacemcgill1.wixsite.com/msfgreenpeace](#) | [FB @GreenpeaceMcGill](#)

### MCGILL STUDENTS FOR HANVOICE [mcgillhanvoice.weebly.com](#) | [FB @McGillHanvoice](#)

### MCGILL STUDENTS IN SOLIDARITY FOR PALESTINIAN HUMAN RIGHTS (SPHR) [linktr.ee/mcgillsphr](#) | [FB @sphrmcgill](#)

### OPENMEDIA MCGILL [openmedia.org](#) | [FB @openmediaorg](#)

### STUDENTS FOR PEACE AND DISARMAMENT - PEACE CLUB | [FB @mcgillpeaceclub](#)

# International Students

MCGILL IS HOME TO MORE THAN 10,000 INTERNATIONAL STUDENTS, WHO MAKE UP 30 PERCENT OF THE CAMPUS POPULATION. IT IS NOT EASY TO MOVE FROM A NEW COUNTRY. FORTUNATELY, THERE ARE MANY ON AND OFF CAMPUS RESOURCES THAT CAN HELP INTERNATIONAL STUDENTS TRANSITION INTO LIFE IN MONTREAL.



## RESOURCES ON CAMPUS

### INTERNATIONAL STUDENT SERVICES | [mccgill.ca/internationalstudents](https://mccgill.ca/internationalstudents)

Brown Building (3600 Rue McTavish), suite 5100 | (514) 398 - 4349

International Student Services (ISS) is the first resource you should turn to for any questions you have as an international student. If you need help with your immigration documents and other administrative tasks related to moving, the ISS staff are here to help. Such services include, but are not limited to, immigration advising (Visa, CAQ, study permits), international student health insurance, and work permit information.

### INTERNATIONAL BUDDY PROGRAM |

[bit.ly/3lafXUm](https://bit.ly/3lafXUm)

Interested in the Buddy Program?

Sign up here ([bit.ly/3suCIXd](https://bit.ly/3suCIXd))

The Buddy Program pairs up new international students with current students to provide a friendly face and point of contact upon moving to Canada. The buddy can offer linguistic support, cultural guidance, and information about what it is like to live at McGill.

### MCGILL INTERNATIONAL STUDENT NETWORK (MISN)

[bit.ly/3Mh2YMt](https://bit.ly/3Mh2YMt) | FB @MCGILLISN

The MISN helps organize events, cultural activities, and excursions to help new international students become acquainted with life in Montreal. It also offers around 10 language classes per semester and a multitude of intramural sports.

## SSMU ORGANIZATIONS

[bit.ly/3I70vZh](https://bit.ly/3I70vZh)

If you are interested in being updated on club events, follow the SSMU Clubs and Services page here ([fb.me/SSMUCS](https://fb.me/SSMUCS)) and the SSMU here ([fb.me/SSMUAEUM](https://fb.me/SSMUAEUM))!

SSMU offers many cultural, athletic, religious, and linguistic clubs at McGill. Through these clubs, you can meet people from your home country and people who have shared interests with you, which can help you feel like you have a "family" at McGill. If you do not see a club that interests you, start your own club! Click the "How to Start a Club" ([bit.ly/3weEvSB](https://bit.ly/3weEvSB)) SSMU webpage to get more information on how to start a club.

### CEEC MAP-REAL [bit.ly/3suCWxx](https://bit.ly/3suCWxx)

The Community Engagement and Equity Committee (CEEC), a part of McGill Residence Life, has created an extensive map to help students find familiar places in Montreal. Entries on the map include cultural and community centres, places of worship, and grocery stores that carry international products.

## RESOURCES OFF CAMPUS

### AGENCE OMETZ | [ometz.ca](https://ometz.ca)

5151 Chemin de la Côte-Sainte-Catherine Road | (514) 342-0000

[ometz.ca/contact+us](https://ometz.ca/contact+us)

Agence Ometz is a charitable organization that offers services related to employment, immigration, and school to help people find their potential and to promote a prosperous and growing Montreal community. The Ometz Immigration Services helps incomers settle into their new community. They offer welcome programs as well as cultural and social activities.

### CENTRE D'APPUI AUX COMMUNAUTÉS

IMMIGRANTES (CACI) | [caci-bc.org](https://caci-bc.org)

12049 Laurentian Boulevard, H4K 1M8 | (514) 856 - 3511

[caci-bc.org/contact](https://caci-bc.org/contact)

CACI helps those who have recently arrived in Canada settle into their communities through language courses, employment assistance, caregiver support, and more. They also host a series of community events to bring newcomers together.

\*\* Information for international students is also available on the websites of the Government of Quebec ([bit.ly/3FM9jwR](https://bit.ly/3FM9jwR)) and the Government of Canada ([bit.ly/3McFdoM](https://bit.ly/3McFdoM)).



AS A TRANSFER STUDENT, YOU MIGHT HAVE MANY QUESTIONS REGARDING HOW YOU TRANSFER CREDITS FROM YOUR PREVIOUS UNIVERSITY TO MCGILL, HOW YOU MAKE NEW FRIENDS, OR WHERE TO LIVE IN MONTREAL. IT IS ALWAYS DAUNTING GOING TO ANOTHER UNIVERSITY IN THE MIDDLE OF YOUR COLLEGE EXPERIENCE. MCGILL HAS RESOURCES AVAILABLE TO MAKE YOUR TRANSITION SMOOTHER.

## INFO SESSION FOR UNDERGRADUATE TRANSFER STUDENTS | [bit.ly/3wbyrKk](https://bit.ly/3wbyrKk) AUGUST 25, 2022

As a transfer student, this info session at the beginning of the school year will give you a strong start to your McGill career by informing you of the many resources and services that are available in the university. This is a great way to meet people who have transferred from other universities as well.

## TRANSFER STUDENTS AND CREDITS | [bit.ly/3L71C5C](https://bit.ly/3L71C5C)

To find out whether or not the college credits you took at your previous university will be transferable to McGill, check the Course Equivalency System ([bit.ly/3Lc9VNI](https://bit.ly/3Lc9VNI)) that helps you search and review course equivalencies from the college courses you have taken already and see if McGill offers similar classes. You may be qualified for McGill credits and/or an exemption.

If you have taken university-level courses that do not appear in the equivalency database, you may still qualify for transfer credits. Through the Course Equivalency System, you can also submit requests for potential equivalencies that are not listed. You can also request a reassessment of expired equivalencies. If you wish to talk to someone for any faculty specific transfer credit questions, contact your faculty Student Affairs Office ([bit.ly/3woh5Jm](https://bit.ly/3woh5Jm)). If you have any general transfer credit questions as a new McGillian, go to Service Point ([bit.ly/3vD29YA](https://bit.ly/3vD29YA)).

**Tip:** If you want to learn more about McGill Orientation in the fall, go to page 10.

## FIRST-GEN STUDENTS

McGill's First Generation Student Support program offers orientation events to first-generation students. For more information, visit [bit.ly/3yBDEgk](https://bit.ly/3yBDEgk).

## 1ST UP PEER SUPPORT GROUP | [fb.me/groups/410525029814520/](https://fb.me/groups/410525029814520/)

1st Up is a Facebook support group for first-generation students to receive emotional and academic support in an informal, peer-to-peer structure. The group is facilitated by other first-generation students and is a project of McGill's Office for Campus Life & Engagement.

## YOU BELONG HERE: A GUIDE FOR FIRST-GENERATION STUDENTS AT MCGILL | [bit.ly/37M1jj8](https://bit.ly/37M1jj8)

This guide provides information, advice, and comforting words to first-generation students.

# Religion and Spirituality



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## THE MCGILL OFFICE FOR RELIGIOUS AND SPIRITUAL LIFE (MORSL)

[mcgill.ca/morsl](http://mcgill.ca/morsl) | [FB @morsl](https://www.facebook.com/morsl)

MORSL is your religious and spiritual place on campus, welcoming all students, of any faith or religious denomination, including those without any religious affiliation. As it is one of the few intentionally religion-positive spaces on campus, students can experience and model peaceful and celebratory religious pluralism via various resources and activities, including workshops, events, publications, a lounge, and a meditation space.

## CHABAD AT MCGILL [chabadmcgill.com](http://chabadmcgill.com) | [FB @chabadatmcgill](https://www.facebook.com/chabadatmcgill)

The Chabad Jewish Student Center at McGill University is one of over 100 on-site Chabad on-campus centers across North America. They offer the anchor and embrace of 'family' for Jewish students regardless of background, observance, or affiliation.

## MCGILL SIKH STUDENT'S ASSOCIATION | [FB @sikhsatmcgill](https://www.facebook.com/sikhsatmcgill)

The McGill Sikh Student's Association provides the community and Sikh students with an all-inclusive platform to connect and promote an understanding of the Sikh way of life.

## MCGILL THAQUALAYN MUSLIM STUDENTS' ASSOCIATION | [FB @McGillTMA](https://www.facebook.com/McGillTMA)

The McGill Thaqualayn Muslim Students' Association (TMA) grew out of a desire to provide a space for Muslim students, especially those who identify as Shi'i, to practice their faith and rediscover their values. They hold events for Islamic occasions, arrange lectures and panels, network with other Muslim and non-Muslim clubs to host collaborative events, and most importantly, provide an environment for Shi'i students to interact and discover a sense of community.

## HILLEL MCGILL [bit.ly/3Mgahnw](https://bit.ly/3Mgahnw) | [FB @HILLELMTL](https://www.facebook.com/hillelmtl)

Representing the vast and diverse Jewish community here at McGill, Hillel McGill supports and facilitates student initiatives that promote Jewish values. They offer a wide variety of programs, events, internships, and connection opportunities for everyone to take part in. From socials to Shabbat services, fashion to politics, Hillel's vision is that every student is inspired to take part in Jewish life on campus!

## MUSLIM STUDENT'S ASSOCIATION [msamcgill.com](http://msamcgill.com) | [FB @MSAMCGILL](https://www.facebook.com/MSAMCGILL)


The MSA brings together Muslim students to provide resources, essential services, and educational tools needed to enhance their university experience. Through the services and events provided, the MSA aims to facilitate the spiritual and social growth of its members, as well as the larger McGill community, supporting diverse student needs.

## THE NEWMAN CENTRE [newmancentre.org](http://newmancentre.org) | [FB @newmancentremcgill](https://www.facebook.com/newmancentremcgill)

The Newman Centre of McGill University is the home of the Catholic intellectual and spiritual life at McGill University.

## INTERVARSITY – MCGILL CHRISTIAN FELLOWSHIP (MCF) [www.mcgillcf.com](http://www.mcgillcf.com) | [FB @ivfmcgillcf](https://www.facebook.com/ivfmcgillcf)

McGill Christian Fellowship (MCF) is a community of McGill students committed to following Jesus, where all are welcome and invited to love one another and be loved by God. As part of InterVarsity Christian Fellowship of Canada, MCF gathers students through prayers, worship and fellowship in order to grow in their relationship with God. Their community is open to people of all faith backgrounds and those who are interested in exploring faith for the first time.

THERE ARE MANY ON- AND OFF- CAMPUS NETWORKS AND STRUCTURES COMMITTED TO HELPING STUDENTS WHO BALANCE FAMILY LIFE WITH GOING TO SCHOOL. 

## ON CAMPUS RESOURCES

**MCGILL FAMILY CARE** | [mcgill.ca/familycare](http://mcgill.ca/familycare) | [family.coordinator@mcgill.ca](mailto:family.coordinator@mcgill.ca)

3610 McTavish, room 11-3  
514-398-5645

The McGill Family Care website provides student caregivers – including student parents and students caring for other family members – with information on accessing clubs, services, childcare, and policy information. They also help to organize events and provide an online community to connect student caregivers at McGill.

**THE SSMU DAYCARE / NURSERY** | [daycare.ssmu.ca](http://daycare.ssmu.ca) | [daycare@ssmu.ca](mailto:daycare@ssmu.ca)

3600 Rue McTavish (Suite 2300)  
514-398-8590

Located in McGill's Downtown campus, the SSMU Daycare / Nursery is an English-based centre set up to receive up to 40 children, including 8 infants less than 18 months in age and 32 children up to five years of age. The educators are dedicated to providing children with a safe and emotionally-secure environment during their formative years. Care is subsidized and priority is given to full-time McGill undergraduate and postgraduate students. Visit their website for more information and go to [laplace0-5.com](http://laplace0-5.com) to register your child on the waiting list.

## OFF CAMPUS RESOURCES

**QUEEN ELIZABETH HEALTH COMPLEX** | [gehc.org](http://gehc.org)

2100 Avenue de Marlowe, suite 102  
(514) 485-5013

The Queen Elizabeth Health Complex is a not-for-profit community-led organization which works in partnership with others to promote and preserve the health and well-being of all members of the community. They provide a variety of services including ultrasounds, mammogram tests, and lactation consultations. You can spontaneously visit their urgent care clinic twelve hours a day (from 8 a.m. to 8 p.m.), 365 days a year. However, during the Covid-19 crisis, an appointment must be made online using the Quebec Medical Appointment Scheduler ([www.rvsq.gouv.qc.ca/fr/accueil](http://www.rvsq.gouv.qc.ca/fr/accueil))

**QUEBEC DAYCARE SUBSIDIES** | [bit.ly/37HUzCK](http://bit.ly/37HUzCK)

In Quebec, many daycares have spaces subsidized on a sliding scale, from \$7.30 to \$20 per day. The link above will help you understand and navigate the childcare process.

**OFF-CAMPUS HOUSING** | [bit.ly/3MqHdd2](http://bit.ly/3MqHdd2)

Unfortunately, McGill does not offer any family-style housing on-campus. However, you can get information at the above link for help with finding housing off-campus. Check out page 90 to find out more info about your options. Moreover, as part of the Affordable Housing Plan (see page \_\_\_ of the handbook to find out more about the plan), the office of the Vice-President (External Affairs) is working to establish the feasibility and to incorporate intergenerational housing in the to-be built student housing structures.

# BIPOC Community

(BLACK INDIGENOUS PEOPLE OF COLOUR)

## ON CAMPUS

SSMU offers many clubs and services for the BIPOC community at McGill.

**BLACK STUDENTS NETWORK** [bsnmcgill.com](https://bsnmcgill.com) | [FB @BlackStudentsNetworkOfMcGill](https://www.facebook.com/BlackStudentsNetworkOfMcGill)

University Centre (3480 McTavish), room 415  
The Black Students' Network is a SSMU service that advocates for the needs and interests of Black students at McGill. It offers social and political events, a safer space for Black students, and spreads awareness on the issues concerning the Black community.

**FIRST PEOPLES' HOUSE (FPH)** [mcgill.ca/fph](https://mcgill.ca/fph) | [FB @FPHMCGILL](https://www.facebook.com/FPHMCGILL)

3505 Rue Peel  
(514) 398-3217

The First People's House aims to provide a sense of community and belonging to Indigenous students at McGill. They provide support to Indigenous students through in-house tutoring support, weekly soup and bannock lunches, a drum circle, the ability to meet with an elder in residence, and a community gathering space.

**INDIGENOUS STUDENTS ALLIANCE** | [FB @Indigenous.Student.Alliance](https://www.facebook.com/Indigenous.Student.Alliance)

The Indigenous Student's Alliance provides support for Indigenous students at McGill and aims to unite Indigenous students and allies in creating a community that promotes relationships with other marginalized communities. Its vision is to continue developing and maintaining on-going networking and partnerships with other University student groups and organizations through learning-teaching relationships that foster real and meaningful human development and community solidarity.

**SPANISH AND LATIN AMERICAN STUDENTS' ASSOCIATION OF MCGILL UNIVERSITY (SLASA)** [bit.ly/3weFceF](https://bit.ly/3weFceF) | [FB @SLASA.Mcgill](https://www.facebook.com/SLASA.Mcgill)

SLASA serves as a social and professional network for Spanish and Latin American students at McGill. Throughout the school year, they organize various events and activities to celebrate and share Hispanic culture and to promote the academic success of Spanish-speaking McGillians.

**THE BLACK AFFAIRS COMMITTEE**

The Black Affairs Committee is chaired by the Black Affairs Commissioner, and is a forum to unite and coordinate the efforts of Black student

groups on campus. The committee meets bi-weekly, and serves to bolster institutional capacity, advocacy efforts, and community among Black student groups and Black students on campus. If you are interested in serving on the committee, or would like more information, please contact [blackaffairs@ssmu.ca](mailto:blackaffairs@ssmu.ca).

## OFF CAMPUS

**NATIVE FRIENDSHIP CENTRE OF MONTREAL (NFCM)** | [FB @nfcmcaam](https://www.facebook.com/nfcmcaam)

2001 Boulevard St. Laurent  
(514) 499-1854

The NFCM is a non-profit organization that provides health and social services to the Indigenous population of Montreal. It is the only comprehensive service and referral point in the Greater Montreal Area (GMA) when it comes to legal, educational, and employment referral.

**THE SOUTH ASIAN WOMEN'S COMMUNITY CENTRE (SAWCC)** [sawcc-ccfsa.ca](https://www.sawcc-ccfsa.ca) | [FB @sawcccfssa](https://www.facebook.com/sawcccfssa)

1035 Rue Rachel  
(514) 342-2247

The SACC believes in creating a community space for women and their families from around the world. It is a feminist and anti-racist organization which provides a wide array of services including one-on-one support and hosts events like community gatherings, festivals, and film nights. They are also heavily involved in community activism.

**THE BLACK COMMUNITY RESOURCE CENTRE (BCRC)** [bcrcmontreal.com](https://www.bcrcmontreal.com) | [FB @BCRCMTL](https://www.facebook.com/BCRCMTL)

6767 Côte-des-Neiges, Suite 497  
(514) 342-2247

The BCRC is a community organization that provides holistic support to English-speaking Black youth in Montreal. Initiatives of the organization include running the Black Community Forum, offering community events and workshops, and connecting Black youth with employment resources.

**DESTA: BLACK YOUTH NETWORK** [destabyn.org](https://www.destabyn.org) | [FB @destabyn](https://www.facebook.com/destabyn)

1950 Rue St-Antoine Ouest  
(514) 664-5042

DESTA pushes Black youth between the ages of 18 to 35 to reach their educational, employability, and entrepreneurial goals through a holistic and individualized approach. The organization also offers ongoing re-entry support services to those exiting the carceral systems that include assistance in accessing employment, government identification cards, and medical services.



# 2SLGBTQIA+ Community



MONTREAL HAS A LONG AND PROUD HISTORY OF 2SLGBTQIA+ ACTIVISM AND COMMUNITY. THERE ARE MANY EVENTS IN THE CITY, AS WELL AS COMMUNITY AND HEALTH RESOURCES, FOR QUEER PEOPLE WHO WISH TO CELEBRATE THEIR IDENTITY OR FIND A COMMUNITY IN MONTREAL.

## PAN-ASIAN COLLECTIVE | [FB @pacmontreal](#)

The PAC aims to increase meaningful engagement in Asian history and culture in a way that recognizes the diversity of the Asian experiences. They want to empower the Asian community in Montreal and build a network of support and friendship.

## BLACK HEALING FUND [blackhealingfund.com/](#) | [fb.me/BlackHealingFund/](#)

Black Healing Fund is a volunteer-run initiative which works to provide low-income Black folks in the Montreal area with funding and resources that contribute to mental health and wellness.

## RESOURCES ON CAMPUS ▾

### QUEER MCGILL [queermcgill.org](#) | [FB @QueerMcGill](#)

3480 McTavish, Room 432  
Queer McGill is a student-run service by and for queer students. They offer safer-sex supplies and organize community-building events like weekly board game nights, workshops, and performances. You can also participate in the Trans Working Group ([bit.ly/317q9ga](#)), QTBIPOC Working Group ([bit.ly/3wolq6B](#)), and Bi Working Group ([bit.ly/3a1ankT](#)).

### THE UNION FOR GENDER EMPOWERMENT (UGE) [theuge.org](#) | [FB @UGEMcGill](#)

3480 McTavish, Room 413  
The UGE is a trans positive and anti-racist feminist organization that run events for students, hosts a safer space, runs an alternative library, and offers gender affirming supplies through their Pay What You Can co-op.

### THE GENDER AND SEXUALITY ADVOCACY COMMITTEE

The Gender and Sexuality Advocacy Committee, chaired by the Gender and Sexuality Commissioner, is a forum that unites and coordinates the efforts of Queer student groups on campus. It will continue to meet every other week to discuss problems facing the queer community on campus. If you are interested in filling a community member role, contact [gsc@ssmu.ca](#).

## QUIPS

QUIPS (or QUeer Improvement and Partnership Solidarity) is a new fund for queer students that first went live in 2022, and is run by the Gender and Sexuality Commissioner (GSC). It funds queer grad and undergraduate students in urgent need, and queer community projects that would benefit the community as a whole. You can contact the GSC ([gsc@ssmu.ca](#)) for any questions.

## RESOURCES OFF CAMPUS ▾

### CENTRE FOR GENDER ADVOCACY

[genderadvocacy.org](#) | [FB @CentreforGenderAdvocacy](#)

Peer Support and Advocacy Office: 2110 Rue Mackay  
Programming and Campaigns (includes Missing Justice): 2100 Rue Guy  
The Center for Gender Advocacy operates with a mandate of promoting gender equality and empowerment especially when it comes to marginalized communities. It provides free and confidential individual services, which include peer support and advocacy, gender empowerment resources, and support for trans or questioning individuals. The programming includes the campaign Missing Justice which demands justice for missing and murdered Indigenous women, girls, trans and two-spirited people.

### ACTION LGBTQ WITH IMMIGRANTS AND REFUGEES (AGIR) [agirmontreal.org](#) | [FB @agirmontreal](#)

2075 Plessis, room 311  
AGIR Montreal provides support to LGBTQ+ migrants which include organized support groups, drop-in sessions, and individual accompaniment. AGIR also protects and defends the legal, social, and economic rights of migrants, asylum seekers, refugees, and immigrants from LGBTQ+ communities.

### PROJECT 10 (P10) [p10.qc.ca](#) | [FB @P10montreal](#)

1575 Atatenk Street  
(514) 989-4585  
P10 is a service for youth ages 14-25 with weekday drop-in hours and weekly hangouts. They also provide in-person active listening, advocacy, and can help you navigate the medical or legal aspects

# Students with Disabilities



## CONNECTIONS AND ADVOCACY



While all individuals have a differing experiences and needs regarding their disability status, here are a few resources that can be utilized across Montreal for individuals seeking support:

### MONTREAL CENTRE FOR LEARNING DISABILITIES | [ldmontreal.ca/](http://ldmontreal.ca/)

The MCLD offers Life Skills Support Seminars, support groups and ambassador programs to aide those with learning disabilities in their day-to-day life.

### ACTION DES FEMMES HANDICAPÉES | [afhm.org/](http://afhm.org/)

AFHM is a membership space for women with disabilities that provides promotion and defense of rights and interests, discussion forums, support and mutual aid groups and educational workshops.

### L'ÉTAPE | [letape.org/en/](http://letape.org/en/)

L'ÉTAPE is a non-profit organization located in Montreal and Laval that offers free employability support services for people with disabilities.

### DISABLED WOMEN'S NETWORK CANADA (DAWN) | [dawncanada.net/](http://dawncanada.net/)

DAWN Canada's mission is to end the poverty, isolation, discrimination and violence experienced by women with disabilities and Deaf women

### MONTREAL QUEER SPOON SHARE | [bit.ly/3LIQ2Uv](https://bit.ly/3LIQ2Uv)

Montreal Queer Spoon Share is a Facebook group that helps people who are chronically ill or disabled through mutual aid and support.

Hello! My name is Sal Cuthbertson (they/them) I am the 2022 - 2023 Accessibility Commissioner. I am a recent graduate from McGill and had the Accessibility Commissioner position in the 2021 - 2022 year along with acting as the Chair of the Peer Support Centre and working in research on interpersonal relationships. I am passionate about advocating for students with disabilities, hosting inclusive and accessible events, maintaining accessibility standards of practise for SSMU across governance procedures and acting as a resource for clubs and services regarding accessibility concerns.

## ON CAMPUS COMMITTEES



On campus committees that advocate for students with disabilities include:

### EQUITY COMMITTEES

Many of the major faculties on campus have Equity Commissioners who work to improve the accessibility and inclusivity of their respective faculty's events, governance procedures, trainings, etc. These Equity Commissioners run equity committees that aid them with their work and are open to student applicants. Faculties/departments with Equity Committees include; Macdonald Campus, Arts, Biology, Chemical Engineering, Computer Science, Engineering, Law, Physics, Mechanical Engineering, Medicine, Material Engineering, Science, Social Work and Politics. More information can be found on each organization's website.

### SSMU ACCESSIBILITY COMMITTEE

The Accessibility Commissioner at the SSMU also runs their own committee which aims to make the SSMU a more accessible organization. The Accessibility Committee also does open hiring for committee members and takes projects and input from members to guide its vision and project schedule each year. You can check the SSMU job board found online for information regarding hiring.

### THE NEURODIVERGENT ADVOCACY COMMITTEE

Founded by Arts Senator Yara Coussa in 2021, the Neurodivergent Advocacy Committee is a new initiative within the Arts Undergraduate Society (AUS) that aims to strive forward with the representation and advocacy work done by the AUS for Neurodivergent students. Some of this year's initiatives included setting up a neurodivergent inclusive space within the University Centre and opening up channels of discussion with the Office of the Dean of Students to assure that neurodivergent students get the support they need from McGill administration.

### CLUBS/SERVICES/ISGS

If you are interested in getting involved in a volunteer position working either in an advocacy, fundraising capacity or directly with those with disabilities here are some additional opportunities:

**BEYOND ME** | [montrealbeyondme.ca/](http://montrealbeyondme.ca/)  
Beyond Me is a student-run non-profit

organization from McGill University with a mandate to provide a fun and flexible one-on-one mentoring program for children and teenagers with special needs.

**MCGILL UNDERGRADUATES FOR COMMUNICATION DISORDERS AWARENESS |**

[fb.me/mcgill.ucda/](https://fb.me/mcgill.ucda/)

McGill Undergraduates for Communication Disorders Awareness (MUCDA) is an on-campus organization made up of undergraduate students from across disciplines, dedicated to raising awareness for individuals with communication disorders.

**MCGILL STUDENTS CHAPTER OF HEART 4 HEART |**

[fb.me/heart4heartmcgill/](https://fb.me/heart4heartmcgill/)

Heart4Heart is a non-profit organization that raises money to fund surgeries for children born with congenital heart disease (CHD) in developing countries.

**COMPLAINT PROCESSES**

There are multiple different ways to make complaints regarding accessibility depending on the context of the complaint:

**SSMU ACCESSIBILITY COMPLAINT**

This is an avenue to make a complaint within the SSMU context, meaning that the accessibility concern came about, for example, within a club or service, within a SSMU meeting, from a SSMU staff member or in a SSMU space. These complaints are handled by the SSMU Accessibility Commissioner.

**MCGILL OFFICE FOR MEDIATING AND REPORTING (OMR)**

[bit.ly/3aHhMGx](https://bit.ly/3aHhMGx)

The McGill OMR handles complaints in the realm of equity, inclusion and accessibility in the McGill context, meaning that complaints can be handled regarding McGill staff and McGill contexts (such as the classroom). The Accessors at the OMR are legal professionals and can provide formal investigation services or conduct formal mediation so that a chance is given to both parties to communicate their concerns and come to conclusions together. Disciplinary action can be taken by this office

# Jobs on Campus



JOB SEARCHING IN MONTREAL AS A STUDENT AT MCGILL CAN BE DIFFICULT, ESPECIALLY WHEN YOU DO NOT SPEAK FRENCH. HOWEVER, THERE ARE MANY JOBS AND SERVICES AVAILABLE ON CAMPUS FOR STUDENTS.

## THE CAREER PLANNING SERVICE [mcgill.ca/caps](http://mcgill.ca/caps)

Bown Building (3600 Rue McTavish), suite 2200  
Macdonald Campus (Centennial Centre, 21111  
Rue Lakeshore, Ste-Anne-de-Bellevue)  
(514) 398 - 3304

The McGill Career Planning Service (CaPS) helps students in their career search for part-time and permanent jobs, internships, and summer jobs. CaPS provides workshops, individual advising, a comprehensive job posting service, and an extensive Career Resource Centre. If you are interested in setting up an appointment with a career counsellor, login to your MyFuture account here ([caps.myfuture.mcgill.ca](http://caps.myfuture.mcgill.ca)).

### WORK STUDY

#### WHAT:

A need-based system for part-time work on campus. These jobs usually occur over the fall and winter semesters, but some summer positions are also available.

#### WHO:

To be part of the Work Study program, you must be a full-time student, in satisfactory academic standing, and have applied for the maximum government aid that you are eligible for. Contact the Student Aid Office for more information here ([mcgill.ca/studentaid](http://mcgill.ca/studentaid)).

#### HOW:

The work study application opens on July 1 on Minerva. However, students can submit their application throughout the year and receive responses on a rolling basis. If you want more options, make sure to apply before September. If you are accepted into the program, you can find and apply to work study jobs on MyFuture.

### FACULTY ASSOCIATIONS

([bit.ly/3wb4Xw5](http://bit.ly/3wb4Xw5))

#### WHAT:

Faculty associations hire students throughout the school year and in the summer.

#### BUT:

Because these associations have limited budgets, some positions are volunteer-based.

#### HOW:

Click on the link above and visit the different faculty websites for more details.

### SSMU

[bit.ly/39C5gHv](http://bit.ly/39C5gHv)

#### WHAT:

SSMU hires many students throughout the school year and in the summer for a wide array of part-time and contract-based jobs.

#### WHO:

Any qualified student can apply. SSMU offers jobs related to political activism, event management, human resources, communications, and much more.

#### HOW:

Job Postings for the next academic year are released in March and April and applications for summer positions open in January and February. For external job postings, visit the SSMU Marketplace webpage here ([bit.ly/3N0tb5t](http://bit.ly/3N0tb5t)).

### STUDENT HOUSING

[bit.ly/39QvmHo](http://bit.ly/39QvmHo)

#### WHAT:

McGill hires Floor Fellows and Residence Life Facilitators every year. Floor Fellows live in residence and support first-year students, while Residence Life Facilitators organize events for residences throughout the school year.

#### HOW:

Applications for Floor Fellows open in late December and for Residence Life Facilitators in early spring.

### RESEARCH POSITIONS

[bit.ly/3Ph4dNE](http://bit.ly/3Ph4dNE)

#### WHAT:

If you are interested in doing research in a particular field, speak to professors in that field who you have an established relationship with about whether they are looking for a research assistant. Professors sometimes also reach out to current and former students for these roles via MyCourses and email. There are also independent research funding opportunities that you can look into.

#### HOW:

The Arts Undergraduate Research Internship Awards (ARIA) offers summer research stipends

for students that are doing research work for a faculty member. The Science faculty also offers research awards which you can view here ([bit.ly/3aEGRBN](http://bit.ly/3aEGRBN)). QPIRG also offers research stipends for projects on social justice, which do not have to be associated with a faculty member ([bit.ly/3xbK1FS](http://bit.ly/3xbK1FS)).

#### ATHLETICS

[bit.ly/3Mlr6Oq](http://bit.ly/3Mlr6Oq)

#### WHAT:

McGill Athletics requires students to referee and supervise sports facilities during the school year and also offers summer jobs.

#### HOW:

If interested, visit Client Services at the Currie Gym or check the website linked above. Jobs are posted through the year but many go up at the end of January.

#### LE JAMES MCGILL BOOKSTORE

#### WHAT:

LE JAMES hires students to work on both levels at 680 Sherbrooke and at Mac Campus.

#### HOW:

LE JAMES hires during peak periods, but you can always send us your information. All job applications should be submitted to jobs.  
[bookstore@mcgill.ca](mailto:bookstore@mcgill.ca).

Please make sure to include the following:

- CV

- COVER LETTER

- ADDITIONAL DETAILS SUCH AS YOUR AVAILABILITY (TENTATIVE OR OTHERWISE), THE EARLIEST POSSIBLE DATE YOU COULD START WORKING, AND MAXIMUM HOURS OF WORK PER WEEK.

## Off-Campus Jobs

Looking for an off-campus job? While this will certainly be easier if you are bilingual, there are still options for English speakers. Check out these resources for a few leads.

**NOTE:** The passing of Bill 96 ([bit.ly/3Ore0zLU](http://bit.ly/3Ore0zLU)) may significantly limit opportunities for anglophone individuals looking for work off-campus. This situation is developing rapidly and the SSMU is currently unable to know that the exact impacts will be on McGill's student community. Keep an eye out on the SSMU External Affairs Facebook page ([fb.me/ssmuea/](https://fb.me/ssmuea/)) for SSMU's efforts to address this situation.

#### CAPS: MYFUTURE

[Caps.myfuture.mcgill.ca](http://Caps.myfuture.mcgill.ca)

MyFuture is a one-stop-shop for career-related events and job postings for McGill students. You can sign up for events like panels and workshops on myFuture.Jobs, internships, and volunteer opportunities are also listed here.

#### FACULTIES AND JOB AFFAIRS

CaPS provides a comprehensive listing of upcoming career fairs at [mcgill.ca/caps/students/services/careerfairs](http://mcgill.ca/caps/students/services/careerfairs).

You can also contact your individual faculty to see if they will be hosting a career fair.

The faculties of Engineering and Management both have job fairs and career workshops throughout the year, featuring some very renowned companies.

The Arts and Science faculties also have grad and career fairs in the fall.

The Arts Internship Office helps place students in exciting positions over the summer ([mcgill.ca/arts-internships/](http://mcgill.ca/arts-internships/)).

#### FACEBOOK GROUPS

There are groups on Facebook that only those with a McGill email can access. One of these is Jobs & Internships ([bit.ly/3GPR0Yn](http://bit.ly/3GPR0Yn)), a group devoted to posting job opportunities (from one-offs to full-time positions) from all over. Check frequently to find a position that works well for you.

#### WEBSITES

These websites are great places to keep track of job availability in Montreal and find jobs specific to your field or skill set!

[ca.indeed.com/](http://ca.indeed.com/)

[jobbank.gc.ca/home](http://jobbank.gc.ca/home)

[young-canada-works.canada.ca](http://young-canada-works.canada.ca)

# Volunteering & Mentoring



MONTREAL HAS A LONG AND PROUD HISTORY OF 2SLGBTQIA+ ACTIVISM AND COMMUNITY. THERE ARE MANY EVENTS IN THE CITY, AS WELL AS COMMUNITY AND HEALTH RESOURCES, FOR QUEER PEOPLE WHO WISH TO CELEBRATE THEIR IDENTITY OR FIND A COMMUNITY IN MONTREAL.

## ENGAGE MCGILL [mcgill.ca/engage/](http://mcgill.ca/engage/)

McGill offers a wide variety of ways for students to get involved in university and student-led groups and events on both campuses.

## MYINVOLVEMENT [bit.ly/3yIU6v0](http://bit.ly/3yIU6v0)

MyInvolvement is an online space where you can find out about learning opportunities outside of the classroom. You can access Student Services' workshops as well as skill-building activities. You can also find out more about events, workshops, and volunteer opportunities. MyInvolvement also tracks and records your participation for your co-curricular record.

## MCGILL CAREER PLANNING SERVICES [bit.ly/3sBP7Zw](http://bit.ly/3sBP7Zw)

Go to page \_\_ for contact information!

The CaPS website is a great tool for finding volunteer opportunities and for tips for determining if a position is fit for you. If you are interested in international volunteering, check what they have to offer!

## VOLUNTEER BUREAU OF MONTREAL

[cabm.net](http://cabm.net)

The Volunteer Bureau of Montreal has been recruiting volunteers in the Montreal area for over 80 years. They have many opportunities on their website and more information about organizations you can get involved in.

## INDIGENOUS STUDENT MENTORSHIP

Peer-to-peer mentoring for Indigenous students.

### WHO?

Mentoring by volunteer graduate and upper-year undergraduate students.

### HOW?

Helps connect with the McGill community, navigate your first year, and familiarize yourself with university life.

### WHERE?

First Peoples House – contact them at [fph.mentorship@mcgill.ca](mailto:fph.mentorship@mcgill.ca)

## OFFICE FOR STUDENTS WITH DISABILITIES MENTOR PROGRAM

Peer-to-peer support for students with disabilities.

### WHO?

Mentoring by graduate and upper-years earlier

### WHAT?

Students who are registered with the OSD can receive mentoring to ease the transition to university and develop their networks and skill sets.

### WHERE?

## OFFICE FOR STUDENTS WITH DISABILITIES

[bit.ly/3Nx1m4](http://bit.ly/3Nx1m4)

## MCGILL MENTOR PROGRAM

Provides career guidance to any McGill undergraduate.

### WHO?

Mentoring by McGill alumni in your field of interest.

### WHAT?

Two-month mentorship for students, including helpful career path advice from successful alumni. Be aware that this is not meant as a job placement.

### WHERE?

Career Planning Services (CaPS) – contact them at [mentor.caps@mcgill.ca](mailto:mentor.caps@mcgill.ca) or find more information at [bit.ly/38bWnnL](http://bit.ly/38bWnnL)

## THE INTERNATIONAL BUDDY PROGRAM

Peer-to-peer support for new international students.

### WHO?

Mentoring by returning McGill students.

### WHAT?

Helps facilitate making friends in Montreal while giving language support, cultural guidance, and info about McGill.

### WHERE?

The International Student Services (ISS) – find information at [mcgillbuddyprogram.com/.organization](http://mcgillbuddyprogram.com/.organization) from McGill University with a mandate to provide a fun and flexible one-on-one mentoring program for children and teenagers with special needs.