



**Athletic Councillor Report: SSMU Legislative Council  
Sédami-Habib Djossou, Athletics Representative to SSMU  
December 1st 2022**

## **Varsity Council**

- First official meeting held on September 1st.
- Martlet Hockey's Chrissy Colizza stepped up as president in September when the former president had to resign.
- Bi-weekly meeting with other executives members.
- Focus has been on increasing attendance to Martlets & Redbirds varsity games, bringing Varsity students together and creating networking opportunities. We are looking to hold one event per month for varsity athletes.

### Past and current events

- Varsity appreciation day was held on October 15th, 2022. Varsity athletes gathered to support Redbirds football and basketball.
- Held a Halloween party on the 30th October.
- Varsity yoga on Fridays mornings.
- Shoebox project for women's shelters. Encouraging student-athletes to give different objects (toothbrushes, mitts etc.).

### Future events

- Looking to host a welcome-back party on January 8th.
- Currently planning Mental Health Mondays activities for varsity athletes for the month of January (Mental Health Health Awareness Month).

## **MARAB** (McGill Athletics & Recreation Advisory Board)

- Meeting held on October 5th, 2022.
- Talked about different issues, projects and ideas for the year and near future
- The McGill Golf tournament did not get the expected turnout. We are looking to see how it should be branded. Continue to involve alumni to create a real sort of relationship with them
- Increasing level of people registering to the fitness center. Slowly getting back to pre-pandemic levels.
- Looking into hosting national championships in the next couple of years.
- Getting alumni involved in McGill community to foster relationships.

## **SAC** (Student Athletic Council)

- First meeting was held on October 25th, 2022.
- Brainstorming session to improve services.
- Made a partnership with residences to encourage students to come to facilities
- Held orientation week at the beginning of semester.
  - Included different activities such as yoga or free first week of fitness center.
- Talk about ways to increase attendance to games and foster a broader partnership with the global McGill community.
- Looking to host in the near future a sort of a scavenger hunt to encourage students to move

## **Highlights**

### **Cross-Country**

- Martlets Sophie Courville and Anne-Rebecca Drolet have been named on the RSEQ (Réseau du sport étudiant du Québec) 2nd team All-star
- Redbirds' Tom Seycheron and Matthew Beudet have been named on the RSEQ 1st team All-star while Noah El-Rimawi-Fine and Jack Stanley are on the 2nd team

## Football

- Redbirds Darius Simmons, Benjamin Labrosse and Zachary Laboud have all been named on the RSEQ All star team. Benjamin Labrosse and Darius Simmons have also been named on the 1st and 2nd All-Canadian team.
- Eloi Latendresse-Regimbald has been named RSEQ Offensive Rookie of the year. He also won the Rookie of the year award at the provincial AND national level!!

## Soccer

- Redbirds rookies Pedro Gulli and Ludovyck Ciociola are on the rookies 1st All-star team.
  - Pedro is also on the national rookie 1st team All-star
- Martlets Mara Bouchard named on the national All-star team and Chloe Renaud have been named on the rookie national All-star teams in addition to being named on the RSEQ 1st team All-star.
  - Teammates Stephanie Hill received RSEQ 1st team All-star honors, while Giselle de Leon received RSEQ All-rookie honor

## Rugby

- Redbirds rugby are provincial Champions!!!
- Seven players have been named on the All-star team. 1st team All-stars include Alex Laurendeau (RSEQ Rookie of the year), Monty Weatherall, Owen Cumming and Gaspard Poiré. 2nd team includes Alex Pantis, Martin Laval and Brad Hunger.



Facebook: McGill Athletics

## Lacrosse

- Samuel McDonald received Eastern Canada division All-star honours, while Isaiah Cree has been named on the Baggataway Cup All-star team.
  - On their hands, Chris Parkinson and Logan Click received honorable mentions for their performance in the tournament.

## Let's keep in touch!!!

- Follow @mcgillAthletics for fitness updates, connection opportunities within the athletic community, games results and more.
- Come watch us <https://mcgillathletics.tuxedobillet.com/>
- Try something new <https://recreation.mcgill.ca/>

Respectfully submitted,  
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