



2023 - 2024 SSMU AGENDA & HANDBOOK

Published by SSMU
Students' Society of McGill University




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Land Acknowledgement

*Teionkwatonhontsó:ni a'iakwariwahní:rate tsi nón:we
ratehiatónkwa ne SSMU Tsi ionterihwaienstákhkwa
ohén:ton Rón:nete tis iáh nenwén:ton
tehonnatenakahseratká:wen ne kanien'kehá:ka
tánon ne Anishnabeg. SSMU ohén:ton Rón:nete
tehonwanarénhsarons, ronwatiien'té:res tãnon
ronwatiwakwenniéhstha na Kanien'kehá:ka
tãnon tsi ronnón:ha rontehontsanóhnhha tãnon
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tetewatátkens tãnon wahón:nise tsi náhe
thia'tekanakerahserà:ke kén:ien nón:we tahontákenhskwe
tãnon tehontatá:wihskwe.*

The SSMU acknowledges that McGill University is situated on the traditional and unceded territory of the Anishinaabe and Haudenosaunee nations. The SSMU recognizes and respects these nations as the true and constant custodians of the lands and waters on which we meet today. Further, the SSMU commits to and respects the traditional laws and customs of these territories.

L'AEUM reconnaît que l'Université McGill est située sur le territoire traditionnel non cédé des nations Haudenosaunee et Anishinaabe. L'AEUM reconnaît et respecte ces nations en tant que gardiennes traditionnelles de la terre et de l'eau sur lesquelles elle est située aujourd'hui. En outre, l'AEUM s'engage à respecter les lois et les coutumes traditionnelles de ces territoires.

LETTER FROM THE EDITORS

Hello, new McGillians! Welcome to the university, and to my fellow international students, welcome to Canada.

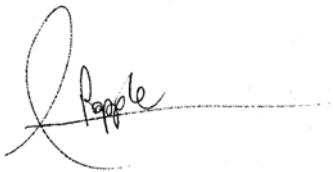
This agenda isn't just a convenient place to keep track of deadlines, scribble to-do lists, and doodle during class – it's also a resource for you to consult throughout your first year at McGill, brought to you by the Students' Society of McGill University. The SSMU has a number of resources to help you with everything from getting free food, to accessing mental health care, to acquiring funds for starting new clubs. I hope you take advantage of everything the Society has to offer you – that's why we pay SSMU fees, after all!

SSMU's abundance of resources, and the community it's built as a result, are the inspiration behind this year's handbook theme, "Sowing Seeds." University is often characterized as a time of personal growth, and while that's definitely true, it's also a unique opportunity to contribute to a broad community. In that way, it's like a garden: by cultivating yourself – through clubs, making friends, and studying – you're also adding to a diverse campus ecosystem. I encourage you to dive headfirst into university life by joining clubs, meeting new people, and advocating for whatever cause you're passionate about. Perhaps most importantly, don't be afraid to ask for help when you need it; that's what SSMU, plus faculty- and departmental-level student associations, are here for.

My first year at McGill was cut short by the pandemic, but I still managed to immerse myself in student journalism and political activism. Now that the university's back in full swing, I hope this handbook can introduce you to the various activities and support systems at your disposal.

Best of luck, and have a great school year!

Abigail Popple (she/her/elle)
Handbook Content Editor



Let's turn a new leaf haha! ;")

Celine Tang (she/her/elle)
Handbook Layout Editor



LETTER FROM THE PRESIDENT

*Fellow students,
On behalf of the Students' Society of McGill University's executive team,
welcome to the 2023-2024 school year!*

My name is Alexandre Ashkir, I'm a fourth year finishing the last few credits of my Bachelor of Arts in Religious Studies and Political Science, and this year I am honoured to be SSMU's President.

The year ahead is going to be an exciting one: we expect student life to come back in force though all sorts of activities and events, and we'll see many plans that are years in the making come to fruition. I am so thrilled to see what fun stuff will be brewing at Gerts, in the University Center, or elsewhere on and around campus!

In addition to events, we'll see SSMU continue and expand many of its services this year. Particularly tackling food insecurity on campus, through initiatives like the new grocery program and our newest service SNAC, aiming to provide students with more accessible and affordable options.

You can keep tabs on all the services SSMU offers by following us on social media and checking out our website [SSMU.ca](https://ssmu.ca)!

This year, we'd also like to see you, our fellow students, more involved in your student union, so that we can be better representatives of the student body and better provide for students. We'd love to see you join some of our many committees, work with us on providing services, or otherwise participate in your democracy, sharing your opinions and having SSMU act on them! Our office doors are always open to you: come visit us in the Brown building, left of the entrance, or by turning right and going through the double doors when you enter the University Center :)

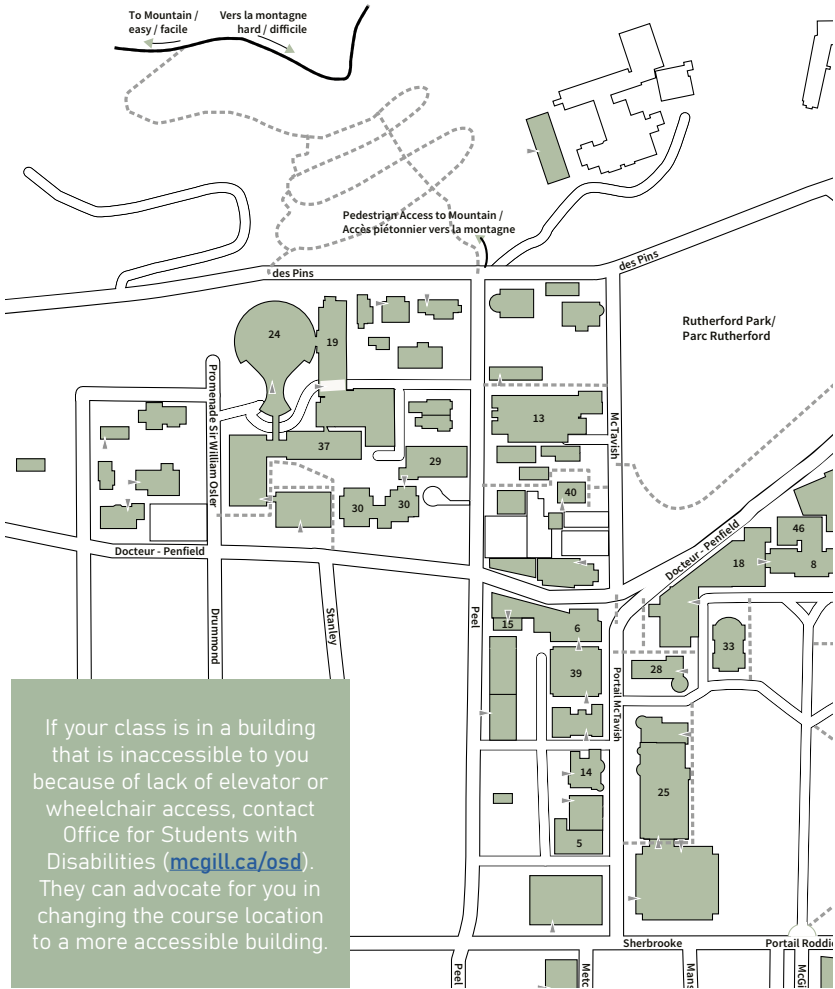
*I look forward to meeting you and to working together to make our experience as students the best it can be.
To a great year full of discovery and success!*

All the best,
Alex



MAP

DOWNTOWN CAMPUS



If your class is in a building that is inaccessible to you because of lack of elevator or wheelchair access, contact Office for Students with Disabilities (mcgill.ca/osd). They can advocate for you in changing the course location to a more accessible building.

- 1 Sherbrooke 688
- 2 Adams Building
- 3 Art Building
- 4 Birks Building
- 5 Bronfman Building
- 6 Brown Student Services
- 7 Burnside Hall
- 8 Carrefour Sherbrooke
- 9 Currie Gym
- 10 Dawson Hall
- 11 Douglas Hall
- 12 Education Building
- 13 Elizabeth Wirth Music Building

- 14 Faculty Club
- 15 First Peoples' House
- 16 Greenbriar Residence
- 17 La Citadelle
- 18 Leacock Building
- 19 Life Science Complex
- 20 Macdonald Engineering Building
- 21 Macdonald Harrington Building
- 22 Macdonald Stewart Building / Schulich Library of Science & Engineering
- 23 McConnell Engineering Building
- 24 McIntyre Medical Building



- 25 McLennan-Redpath Library Complex
- 26 Molson Stadium
- 27 Montreal Neurological Institute
- 28 Morrice Hall / Islamic Studies Library
- 29 Nahum Gelber Law Library
- 30 Old and New Chancellor Day Hall
- 31 New Residence Hall
- 32 Otto Maass Chemistry Building
- 33 Redpath Museum
- 34 Royal Victoria College
- 35 Rutherford Physics
- 36 Service Point

- 37 Stewart Biology Building
- 38 Strathcona Anatomy and Dentistry
- 39 Strathcona Music Building
- 40 Thompson House
- 41 Trottier Building
- 42 University Centre / SSMU Office
- 43 University Hall
- 44 Upper Residence
- 45 Wong Building
- 46 McCall MacBain Arts Building

- Elevator
- Gender Neutral Washroom
- Wheel chair accessibility

EMERGENCY SUPPORT

Always dial 911 in cases of emergency.

After contacting emergency services, call McGill Security Services if you are on campus.

SAFETY MCGILL

McGill Security Services

* Tip: Save McGill Security Services as a contact in your phone so you can reach them quickly in the event of an emergency.

Downtown Location

campus.security@mcgill.ca
General Inquiries: (514) 398-4556
Emergencies: (514)398-3000

Macdonald Location

macdonald.security@mcgill.ca
General Inquiries: (514) 398-7770
Emergencies: (514) 398-7777

Students can also register for health and safety alerts through the McGill mobile app (mcgill.ca/app).

For more information, visit the Campus Public Safety webpage (bit.ly/3MEUgYl)

MCGILL WELLNESS HUB

(514) 398-6017 | mcgill.ca/wellness-hub

Downtown Location

Brown Student Services Building

Macdonald Location

Centennial Centre, Room 124

The McGill Wellness Hub is a centralized location for health and wellbeing on campus. The Hub offers resources for physical and mental wellness. More detailed information about the services provided by the Wellness Hub is available on [page 170](#).

MCGILL SPORTS MEDICINE CLINIC

(514) 398-7007 | mcgillathletics.ca/sports

To make an appointment with a physiotherapist, athletic therapist, massage therapist, visit mcgillsportmedicineclinic.ca/get-started.

WALKSAFE

(514) 398-2498 | walksafe.ssmu.ca

Sunday-Thursday – 9 p.m. to 12:00 a.m.

Friday and Saturday – 9 p.m. to 3:00 a.m.

SSMU Walksafe is a volunteer service that offers free and confidential accompaniment for people walking by themselves. Volunteers will go with you anywhere you need on the island of Montreal.

DRIVESAFE

(514) 398-8040 | drivesafe.ssmu.ca

Every Thursday, Friday, and Saturday, unless otherwise stated on social media.

Hours Operational: 11 p.m. to 3 a.m.; calls made after 2:45 a.m. will not be picked up.

DriveSafe is a service offered by the SSMU. Their patrols will drive you home safely anywhere on the Island of Montreal or in the Mohawk Territory of Kahnawake. They also operate a shuttle to the South Shore that operates on Friday and Saturday nights.

MSERT

(514) 398-3000 | msert.sus.mcgill.ca

6:00 p.m. to 6:00 a.m. every night

The McGill Student Emergency Response Team (MSERT) is a volunteer service supported by the SSMU for students who need emergency first aid services. MSERT volunteers are certified First Responders and Emergency Medical Responders under the Canadian Red Cross. Coverage includes Frosh, on and off campus events, and nightly on-call response to all residence buildings except for Solin.

- ✓ Check McGill Key Academic dates (mcgill.ca/importantdates/key-dates) both online and in this agenda.
- ✓ Enter your Montreal address and emergency contact information on Minerva.
- ✓ Set up your McGill email account (bit.ly/37WOFoT).
- ✓ Join the Facebook group (facebook.com/groups/mcgill2324) and Discord server (discord.com/invite/sabKx6v52e) for the entering class of 2023-24 and follow the Campus Life & Engagement on your social media account | @clemcgill (bit.ly/39oNvvc) to stay up to date on summer programming.
- ✓ Register for Intro to Course Registration (mcgill.ca/getready/orientation/intro-course-registration), which is important for getting into your classes.
- ✓ Create your first-year budget by going to the Student Budget Plan (bit.ly/3kEgDBg). For inquiries regarding financial aid, go to the McGill's Financial Aid programs (bit.ly/3FbXvna).
- ✓ Submit your personal documents (<https://bit.ly/3KLnUcN>) and final grades (bit.ly/3FdWuLJ) to Enrollment Services.
- ✓ International students (bit.ly/3vFiMmm) should also submit their study permit and CAO.
- ✓ Are you a non-Quebec Canadian? Notify your provincial Ministry of Health that you will be studying outside your province. You must bring your current provincial health card when you are at McGill.
- ✓ Think you may need any accommodations? We encourage you to reach out to Student Accessibility & Achievement (formerly known as the Office for Students with Disabilities) (mcgill.ca/access-achieve).
- ✓ Taking prescription medication? Bring as much as you are allowed with you to Montreal, or find what you take at a pharmacy in the city. If you need the assistance of a medical professional on a regular basis, find clinicians off-campus. (bit.ly/3kC8rBj)
- ✓ On myCourses, complete It Takes All of Us, the Academic Integrity Tutorial, and McGill Essential.
- ✓ Need someone to show you around? International students are eligible for the Buddy Program offered by the International Student Services. They will pair you up with a returning McGillian that will answer all of your questions about McGill and life in Montreal. (bit.ly/3vFgRhG)
- ✓ Canadian students are eligible for the New Student Mentorship Program offered by Campus Life & Engagement: shorturl.at/fwzRW

Scan this code for quick access to the links relevant to this section!



FROSH + ORIENTATION

There are a number of events on campus to help you get adjusted to life at McGill!

ORIENTATION

Orientation refers to events organized by Campus Life & Engagement to introduce you to the campus and the university, such as Discover McGill. For up to date information on this year's orientation events, check the Fall 2023 orientation page (mcgill.ca/getready/orientation). Some faculties may have additional orientation events. Keep an eye on your McGill email for information about faculty-specific events.

FROSH WEEK

Frosh refers to student-run events designed to help you get to know Montreal and meet your fellow classmates. These events typically last 3-4 days and occur before the start of classes in the fall.

Many students choose to attend Faculty Frosh, which is organized by individual faculty student associations and designed to appeal to a wide audience of incoming students. However, there are also alternative frosh events run by other student and campus groups. It is up to each individual whether they choose to attend their faculty frosh or one of the alternative events.

ALTERNATIVE FROSHES




- **Fish Frosh:** a "dry" (non-alcoholic) frosh hosted by Christian groups at McGill and open to students regardless of religious background.
- **Jewish Frosh:** a frosh hosted by Jewish campus groups intended to help students feel welcome in McGill's Jewish community and Jewish Montreal.
- **Outdoor Frosh:** a frosh hosted by the McGill Outdoors Club that focuses on outdoor activities including cycling, hiking, and climbing.
- **Muslim Students' Association Frosh:** a non-drinking, halal frosh option open to all students.
- **Rad Frosh:** a social and environmental justice oriented frosh hosted by the Quebec Public Interest Research Group (QPIRG) at McGill.

ALCOHOL AT FROSH

All faculty froshes and some alternative froshes include events in which alcohol is served. That being said, you can have a great frosh experience whether or not you choose to drink! Students are never required to consume alcohol to participate in frosh events and some froshes have designated alcohol-free events.

If you do choose to consume alcohol during frosh, you can find information on drinking and using drugs safely on page 182 of this handbook.

AGENDA

-  FALL 2023
-  WINTER 2024
-  SUMMER 2024

LEGEND

-  Provincial Holiday
-  SSMU Governance Meetings

The SSMU reserves the right to cancel or call a meeting or event without notice. Please check our website/social media for such updates.