Tu 2023 - 2024
AGENDA & HANDBOOK

Published by SSMU
Students' Society of McGill University

2023 - 2024
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DENTAL SURGEON
GENERALIST DENTIST

514 608-7555

Dentist

1440 Sainte-Catherine West
Suite 215
Montreal H3G 1R8
Guy-Concordia
www.drzeinaclinic.com
@CliniqueDentaireDreZeinaAbouKhalil

Members get a complete exam + cleaning covered at 100% *

TEETH WHITENING

Free* deluxe kit teeth whitening to all new patients!

INSURANCES

If so, you are a member of ASEQ!

SERVICES

Esthetics treatments
Root canal
Periodontics
Implants & protheses
Dental surgery
Preventive dentistry
Emergencies

KEEP SMILING!

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KEEP SMILING!
The SSMU acknowledges that McGill University is situated on the traditional and unceded territory of the Anishinaabe and Haudenosaunee nations. The SSMU recognizes and respects these nations as the true and constant custodians of the lands and waters on which we meet today. Further, the SSMU commits to and respects the traditional laws and customs of these territories.

L'AÉUM reconnaît que l'Université McGill est située sur le territoire traditionnel non cédé des nations Haudenosaunee et Anishinaabe. L'AÉUM reconnaît et respecte ces nations en tant que gardiennes traditionnelles de la terre et de l'eau sur lesquelles elle est située aujourd'hui. En outre, l'AÉUM s'engage à respecter les lois et les coutumes traditionnelles de ces territoires.
Hello, new McGillians! Welcome to the university, and to my fellow international students, welcome to Canada.

This agenda isn’t just a convenient place to keep track of deadlines, scribble to-do lists, and doodle during class – it’s also a resource for you to consult throughout your first year at McGill, brought to you by the Students’ Society of McGill University. The SSMU has a number of resources to help you with everything from getting free food, to accessing mental health care, to acquiring funds for starting new clubs. I hope you take advantage of everything the Society has to offer you – that’s why we pay SSMU fees, after all!

SSMU’s abundance of resources, and the community it’s built as a result, are the inspiration behind this year’s handbook theme, “Sowing Seeds.” University is often characterized as a time of personal growth, and while that’s definitely true, it’s also a unique opportunity to contribute to a broad community. In that way, it’s like a garden: by cultivating yourself – through clubs, making friends, and studying – you’re also adding to a diverse campus ecosystem. I encourage you to dive headfirst into university life by joining clubs, meeting new people, and advocating for whatever cause you’re passionate about. Perhaps most importantly, don’t be afraid to ask for help when you need it; that’s what SSMU, plus faculty- and departmental-level student associations, are here for.

My first year at McGill was cut short by the pandemic, but I still managed to immerse myself in student journalism and political activism. Now that the university’s back in full swing, I hope this handbook can introduce you to the various activities and support systems at your disposal.

Best of luck, and have a great school year!

Abigail Popple (she/her/elle)
Handbook Content Editor

Let’s turn a new leaf haha! ;)

Celine Tang (she/her/elle)
Handbook Layout Editor

Fellow students,
On behalf of the Students’ Society of McGill University’s executive team, welcome to the 2023-2024 school year!

My name is Alexandre Ashkir, I’m a fourth year finishing the last few credits of my Bachelor of Arts in Religious Studies and Political Science, and this year I am honoured to be SSMU’s President.

The year ahead is going to be an exciting one: we expect student life to come back in force though all sorts of activities and events, and we’ll see many plans that are years in the making come to fruition. I am so thrilled to see what fun stuff will be brewing at Gerts, in the University Center, or elsewhere on and around campus!

In addition to events, we’ll see SSMU continue and expand many of its services this year. Particularly tackling food insecurity on campus, through initiatives like the new grocery program and our newest service SNAC, aiming to provide students with more accessible and affordable options.

You can keep tabs on all the services SSMU offers by following us on social media and checking out our website SSMU.ca!

This year, we’d also like to see you, our fellow students, more involved in your student union, so that we can be better representatives of the student body and better provide for students. We’d love to see you join some of our many committees, work with us on providing services, or otherwise participate in your democracy, sharing your opinions and having SSMU act on them!

Our office doors are always open to you: come visit us in the Brown building, left of the entrance, or by turning right and going through the double doors when you enter the University Center :)

I look forward to meeting you and to working together to make our experience as students the best it can be.
To a great year full of discovery and success!

All the best,
Alex
If your class is in a building that is inaccessible to you because of lack of elevator or wheelchair access, contact Office for Students with Disabilities (mcgill.ca/osd). They can advocate for you in changing the course location to a more accessible building.

1 Sherbrooke 688
2 Adams Building
3 Art Building
4 Birks Building
5 Bronfman Building
6 Brown Student Services
7 Burnside Hall
8 Carrefour Sherbrooke
9 Curie Gym
10 Dawson Hall
11 Douglas Hall
12 Education Building
13 Elizabeth Wirth Music Building
14 Faculty Club
15 First Peoples’ House
16 Greenbriar Residence
17 La Citadelle
18 Leacock Building
19 Life Science Complex
20 Macdonald Engineering Building
21 Macdonald Harrington Building
22 Macdonald Stewart Building
23 McConnell Engineering Building
24 McIntyre Medical Building
25 McLennan-Redpath Library Complex
26 Molson Stadium
27 Montreal Neurological Institute
28 Maurice Hall/ Islamic Studies Library
29 Nahum Gelber Law Library
30 Old and New Chancellor Day Hall
31 New Residence Hall
32 Otto Maass Chemistry Building
33 Redpath Museum
34 Royal Victoria College
35 Rutherford Physics
36 Service Point
37 Stewart Biology Building
38 Strathcona Anatomy and Dentistry
39 Strathcona Music Building
40 Thompson House
41 Trottier Building
42 University Centre / SSMU Office
43 University Hall
44 Upper Residence
45 Wong Building
46 McCall MacBain Arts Building

Elevator
Gender Neutral Washroom
Wheel chair accessiibility
EMERGENCY SUPPORT

Always dial 911 in cases of emergency.
After contacting emergency services, call McGill Security Services if you are on campus.

SAFETY MCGILL

McGill Security Services

* Tip: Save McGill Security Services as a contact in your phone so you can reach them quickly in the event of an emergency.

Downtown Location

macdonald.security@mcgill.ca
General Inquiries: (514) 398-4556
Emergencies: (514) 398-3000

Macdonald Location

maccordinal.security@mcgill.ca
General Inquiries: (514) 398-7770
Emergencies: (514) 398-7777

Students can also register for health and safety alerts through the McGill mobile app.
For more information, visit the Campus Public Safety webpage (bit.ly/3MFeJy).

MCGILL WELLNESS HUB

(514) 398-6017 | mcgill.ca/wellness-hub

Downtown Location
Brown Student Services Building

Macdonald Location
Centennial Centre, Room 124

The McGill Wellness Hub is a centralized location for health and wellbeing on campus. The Hub offers resources for physical and mental wellbeing. More detailed information about the services provided by the Wellness Hub is available on page 120.

MCGILL SPORTS MEDICINE CLINIC

(514) 398-7007 | mcgillathletics.ca/sports

To make an appointment with a physiotherapist, athletic therapist, massage therapist, visit mcgillsporthsmedicineclinic.ca/get-started.

WALKSAFE

(514) 398-2498 | walksafe.ssmu.ca

Sunday-Thursday – 9 p.m. to 12:00 a.m.
Friday and Saturday – 9 p.m. to 3:00 a.m.

SSMU Walksafe is a volunteer service that offers free and confidential accompaniment for people walking by themselves. Volunteers will go with you anywhere you need on the island of Montreal.

Check McGill Key Academic dates (mcgill.ca/importantdates/key-dates) both online and in this agenda.

Enter your Montreal address and emergency contact information on Minerva.

Set up your McGill email account (bit.ly/2yWOFoT).

Join the Facebook group (facebook.com/groups/mcgill2224) and Discord server (discord.com/invite/sakXshvucD) for the entering class of 2023-24 and follow the Campus Life & Engagement on your social media account | @clemcgill (bit.ly/2eeNwqx) to stay up to date on summer programming.

Register for Intro to Course Registration (mcgill.ca/getready/onboarding/intro-course-registration), which is important for getting into your classes.

Create your first-year budget by going to the Student Budget Plan (bit.ly/2xvFgDB). For inquiries regarding financial aid, go to the McGill’s Financial Aid programs (bit.ly/2eVXvng).

Submit your personal documents (https://bit.ly/2k1nlJr) and final grades (bit.ly/2e8nWul) to Enrollment Services.

International students (bit.ly/2vFMMm) should also submit their study permit and CAQ.

Are you a non-Quebec Canadian? Notify your provincial Ministry of Health that you will be studying outside your province. You must bring your current provincial health card when you are at McGill.

Think you may need any accommodations? We encourage you to reach out to Student Accessibility & Achievement (formerly known as the Office for Students with Disabilities) (mcgill.ca/access-achieve).

Taking prescription medication? Bring as much as you are allowed with you to Montreal, or find what you take at a pharmacy in the city. If you need the assistance of a medical professional on a regular basis, find clinicians off-campus.

On myCourses, complete It Takes All of Us, the Academic Integrity Tutorial, and McGill Essential.

Need someone to show you around? International students are eligible for the Buddy Program offered by the International Student Services. They will pair you up with a returning McGillian that will answer all of your questions about McGill and life in Montreal. (bit.ly/2kCRhBi)

Scan this code for quick access to the links relevant to this section!
There are a number of events on campus to help you get adjusted to life at McGill!

**ORIENTATION**

Orientation refers to events organized by Campus Life & Engagement to introduce you to the campus and the university, such as Discover McGill. For up to date information on this year’s orientation events, check the Fall 2023 orientation page (mcgill.ca/getready/orientation). Some faculties may have additional orientation events. Keep an eye on your McGill email for information about faculty-specific events.

**FROSH WEEK**

Frosh refers to student-run events designed to help you get to know Montreal and meet your fellow classmates. These events typically last 3-4 days and occur before the start of classes in the fall.

Many students choose to attend Faculty Frosh, which is organized by individual faculty student associations and designed to appeal to a wide audience of incoming students. However, there are also alternative frosh events run by other student and campus groups. It is up to each individual whether they choose to attend their faculty frosh or one of the alternative events.

**ALTERNATIVE FROSHES**

- **Fish Frosh**: a “dry” (non-alcoholic) frosh hosted by Christian groups at McGill and open to students regardless of religious background.
- **Jewish Frosh**: a frosh hosted by Jewish campus groups intended to help students feel welcome in McGill’s Jewish community and Jewish Montreal.
- **Outdoor Frosh**: a frosh hosted by the McGill Outdoors Club that focuses on outdoor activities including cycling, hiking, and climbing.
- **Muslim Students’ Association Frosh**: a non-drinking, halal frosh option open to all students.
- **Rad Frosh**: a social and environmental justice oriented frosh hosted by the Quebec Public Interest Research Group (QPIRG) at McGill.

**ALCOHOL AT FROSH**

All faculty froshes and some alternative froshes include events in which alcohol is served. That being said, you can have a great frosh experience whether or not you choose to drink! Students are never required to consume alcohol to participate in frosh events and some froshes have designated alcohol-free events.

If you do choose to consume alcohol during frosh, you can find information on drinking and using drugs safely on page 182 of this handbook.