



Association étudiante de l'Université McGill

Située sur les territoires traditionnels des collectivités Haudenosaunee et Anishinaabe.

Students' Society of McGill University

Located on Haudenosaunee and Anishinaabe, traditional territories.

(514) 398-6800 | ssmu.ca | 3600 rue McTavish, Suite 1200, Montréal, QC, H3A 0G3

REPORT OF THE MENTAL HEALTH COMMITTEE

Submitted for: 2024-02-15

MEMBERS ATTENDANCE

Since Jan 1, 2024

Jan 10, 2024

Present: MH Outreach, Advocacy, Commissioner

Absent: None

*** meetings every week, 4:30 - 5:30pm***

Feb 7, 2024

Present: MH Outreach, Advocacy, Commissioner

Absent: None

COMMITTEE ACTIVITY

- Renewed Keep Me Safe contract alongside McGill Hub Representative & Rep from Concordia University
- Currently planning a series of 'Lunch & Learn' opportunities for students to learn about mental health resources offered on campus. Synopsis can be read here
 - <https://docs.google.com/document/d/16x7Gg0x5SuZelBGKnHFmu0da75tqJwTdYrd4Jzid4bY/edit>
 - Had an event on Friday for How To Talk About Suicide
 - Currently 4 additional events have been planned & prepared for, including 3 Insurance discussions, 1 Suicide Prevention
 - Going to be continuing this initiative in the new year
- Mental Health Resources List emailed to professors with a positive response. To be included in the syllabus. Currently seeking a meeting with TLS to discuss mandating its inclusion. Any support on this matter is appreciated. Feel free to review here
 - https://docs.google.com/document/d/1JY7CO4eCfPODWAz4weeqklqFSYFk6bV/edit?u_sp=drive_link&oid=11140682222159298939&rtpof=true&sd=true



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- Participating in Hub CoDesign meetings, Roundtable meetings, Commissioner meetings with representatives of Hub, Provost, DoS & more.
- 'Know Your Resources' Board with information on resources/clubs in the community posted this week. To be included in online platforms.
- Assisting and collaborating with community clubs and organizations for promotional material development, investigating funding opportunities.

PROJECTS AND PROGRESS

- Mental Health Action Week: March 18 - 23 2024
 - Please assist in promoting these events
 - Progress: planning phase, currently organized by the Advocacy and Outreach coordinators.
- Merch has been developed & will be sold at Library Symposium.
 - If you would like to buy any!
 - Will be producing more for the future.
 - Progress: completed.
- Lunch & Learn
 - Opportunity to attend, please promote and spread throughout community, very much appreciated
 - Progress steadily moving, planning for next year's events, early promotion. Investigating relationship with CL&E to discuss FROSH and other early events
- Community Connectedness Event
 - Tabling opportunity, only offered to MH-related organizations
 - Please attend! Open to all
 - Please assist in promoting.

ANNOUNCEMENTS AND REMINDERS

- As above.