



Association étudiante de l'Université McGill

Située sur les territoires traditionnels des collectivités Haudenosaunee et Anishinaabe.

Students' Society of McGill University

Located on Haudenosaunee and Anishinaabe, traditional territories.

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REPORT OF THE MENTAL HEALTH COMMITTEE

Submitted for: 2025-02-13

MEMBERS ATTENDANCE

- Here note meeting attendance and absences
 - *Wednesday February 12, 2025*
 - Present: Anahat Ghuman (MHC), Stephanie Li (MH Advocacy), Maddi Doris (MH Outreach), Sabrine Afi Dakey, Marina Ivanov, Yasmine Guroluk
 - Absent: Yasmine Guroluk
 - Frédérique Teixeira Lussier (Member At-Large) has decided to step down from her involvement with the committee

COMMITTEE ACTIVITY

- Social Media Up and Running
 - Editorial Calendar was formed and team introductions were posted!
- Reaching out to clubs such as Lotus Initiative, Mindvista and Meditation Club to get events started!

PROJECTS AND PROGRESS

- Positivity Wall at Gerts Café
 - In talks with the Gerts Manager
 - Essentially, an interactive positivity wall with affirmations painted on and chalks/post-its provided for others to answer positive prompts.
- Will be disseminating GuardMe merchandise at a collaboration with Mental Health AUS
 - The event format is Winter Festivities
 - Date is currently dependent on hearing back from McGill re: tabling at the Y intersection